

Resultater – I troidens fodspor 2025

2025-03-02

Kort 5 km		(14 / 14)	Tid	Efter
1.	Bent Sørensen	Svendborg OK	1:11:08	
	2:31 (2:31)	1:53 (7:00)	1:48 (8:48)	3:24 (12:12)
	2:41 (16:44)	1:40 (18:24)	2:51 (26:59)	5:21 (32:20)
	8:27 (43:44)	1:12 (44:56)	2:56 (47:52)	2:25 (54:56)
	6:50 (1:05:54)	3:41 (1:09:35)	1:07 (1:10:42)	0:26 (1:11:08)
2.	Diana Cederberg	Ballerup OK	1:12:09	+1:01
	2:07 (2:07)	2:29 (4:36)	2:20 (8:54)	2:50 (11:44)
	2:14 (16:20)	1:39 (17:59)	2:41 (26:35)	5:16 (31:51)
	8:34 (43:49)	1:34 (45:23)	2:16 (47:39)	2:25 (54:35)
	6:29 (1:06:50)	3:15 (1:10:05)	1:28 (1:11:33)	0:36 (1:12:09)
3.	Nicolaj Jacobsen	Uden klub	1:45:36	+34:28
	2:20 (2:20)	2:13 (4:33)	2:03 (8:20)	3:38 (11:58)
	3:35 (17:36)	1:12 (18:48)	1:37 (26:16)	16:40 (42:56)
	13:41 (58:35)	9:35 (1:08:10)	4:26 (1:16:04)	2:14 (1:18:18)
	14:48 (1:40:09)	4:06 (1:44:15)	1:07 (1:45:22)	0:14 (1:45:36)
4.	Olav Odgaard	Odense OK	1:56:43	+45:35
	2:14 (2:14)	2:58 (5:12)	2:32 (9:45)	2:22 (12:07)
	1:59 (16:30)	1:46 (18:16)	3:13 (28:11)	5:59 (34:10)
	26:52 (1:06:19)	2:05 (1:08:24)	4:24 (1:12:48)	8:18 (1:21:06)
	14:35 (1:46:18)	7:51 (1:54:09)	1:56 (1:56:05)	0:38 (1:56:43)
5.	Leila Damkjær Pedersen	Svendborg OK	2:08:58	+57:50
	2:52 (2:52)	3:53 (6:45)	3:57 (13:23)	2:46 (16:09)
	12:29 (31:35)	2:06 (33:41)	4:21 (45:42)	7:03 (52:45)
	17:00 (1:16:29)	2:38 (1:19:07)	4:29 (1:23:36)	10:05 (1:33:41)
	12:47 (1:59:49)	5:43 (2:05:32)	2:21 (2:07:53)	1:05 (2:08:58)
6.	Bente Pedersen	OK Esbjerg	2:13:41	+1:02:33
	2:59 (2:59)	3:37 (6:36)	3:02 (9:38)	3:25 (13:23)
	7:56 (28:16)	2:36 (30:52)	12:09 (43:01)	4:47 (47:48)
	17:29 (1:15:16)	3:21 (1:18:37)	4:17 (1:22:54)	9:41 (1:32:35)
	12:22 (2:02:32)	6:56 (2:09:28)	2:23 (2:11:51)	1:50 (2:13:41)
7.	Jørgen Bang	OK Esbjerg	2:14:04	+1:02:56
	2:56 (2:56)	3:42 (6:38)	3:11 (12:59)	3:14 (16:13)
	8:00 (28:23)	2:32 (30:55)	12:04 (42:59)	6:19 (54:08)
	17:27 (1:15:15)	3:21 (1:18:36)	4:18 (1:22:54)	9:42 (1:32:36)
	12:22 (2:02:33)	6:58 (2:09:31)	2:24 (2:11:55)	2:09 (2:14:04)
8.	Jan Skouv	Faaborg OK	2:19:27	+1:08:19
	2:37 (2:37)	3:16 (5:53)	2:28 (8:21)	2:45 (11:06)
	2:01 (27:54)	1:56 (29:50)	14:13 (44:03)	3:07 (47:10)
	16:39 (1:18:27)	3:54 (1:22:21)	5:42 (1:28:03)	11:35 (1:39:38)
	12:23 (2:07:25)	9:18 (2:16:43)	1:58 (2:18:41)	0:46 (2:19:27)
	Holger Mikkelsen	Odense OK	Fejlklip	
	3:04 (3:04)	3:39 (6:43)	2:34 (9:17)	3:03 (12:20)
	– (30:43)	2:39 (33:22)	8:26 (41:48)	4:10 (45:58)
	17:28 (1:15:25)	3:25 (1:18:50)	4:07 (1:22:57)	9:33 (1:32:30)
	22:17 (2:07:36)	5:53 (2:13:29)	2:18 (2:15:47)	1:13 (2:17:00)
	Jack Skrydstrup	Kolding OK	Fejlklip	
	2:10 (2:10)	2:52 (5:02)	2:19 (7:21)	2:48 (10:09)
	– (28:53)	2:07 (31:00)	6:43 (37:43)	3:21 (41:04)
	11:31 (1:02:03)	1:50 (1:03:53)	3:53 (1:07:46)	7:24 (1:15:10)
	15:05 (1:40:01)	5:06 (1:45:07)	1:41 (1:46:48)	0:56 (1:47:44)
	Palle Møller Nielsen	Odense OK	Fejlklip	
	3:10 (3:10)	4:21 (7:31)	6:07 (13:38)	4:09 (17:47)
	3:45 (28:34)	2:47 (31:21)	10:32 (41:53)	3:40 (21:27)
	– (–)	– (–)	– (–)	– (–)
	– (56:02)	9:20 (1:05:22)	3:13 (1:08:35)	– (–)
	Ole Axelsen	Svendborg OK	Udgået	
	2:44 (2:44)	3:45 (6:29)	2:24 (8:53)	3:47 (12:40)
	4:04 (31:32)	2:59 (34:31)	9:40 (44:11)	4:43 (48:54)
	– (–)	– (–)	– (–)	– (–)
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	Birgitte Rosenkilde	Herlufsholm OK	Ej startet	
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	Jørgen Luxhøj	Søllerød OK	Ej startet	
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Lang 14 km

Lang 14 km		(11 / 11)	Tid	Efter
1.	Frederik Højholt Andersen	OK Pan	2:16:18	

6:20 (6:20)	2:33 (8:53)	2:16 (11:09)	5:59 (17:08)	2:37 (19:45)	1:18 (21:03)
4:01 (25:04)	9:13 (34:17)	3:36 (37:53)	4:36 (42:29)	7:24 (49:53)	1:34 (51:27)
9:53 (1:01:20)	5:30 (1:06:50)	6:26 (1:13:16)	3:42 (1:16:58)	9:45 (1:26:43)	2:33 (1:29:16)
5:40 (1:34:56)	4:23 (1:39:19)	7:40 (1:46:59)	– (1:46:41)	3:47 (1:50:28)	4:39 (1:55:07)
5:51 (2:00:58)	4:04 (2:05:02)	3:10 (2:08:12)	2:49 (2:11:01)	0:39 (2:11:40)	1:56 (2:13:36)
1:51 (2:15:27)	0:51 (2:16:18)				
2. Thomas Uhlemann		Kolding OK	2:16:32 +0:14		
3:12 (3:12)	2:52 (6:04)	2:11 (8:15)	5:57 (14:12)	2:53 (17:05)	2:24 (19:29)
4:44 (24:13)	8:48 (33:01)	3:26 (36:27)	5:58 (42:25)	7:45 (50:10)	1:39 (51:49)
7:25 (59:14)	5:48 (1:05:02)	4:26 (1:09:28)	5:50 (1:15:18)	7:37 (1:22:55)	3:07 (1:26:02)
6:53 (1:32:55)	4:23 (1:37:18)	7:56 (1:45:14)	0:07 (1:45:21)	3:52 (1:49:13)	5:21 (1:54:34)
5:55 (2:00:29)	4:24 (2:04:53)	3:05 (2:07:58)	2:39 (2:10:37)	0:52 (2:11:29)	2:23 (2:13:52)
1:31 (2:15:23)	1:09 (2:16:32)				
3. Svend Christiansen		PI-København	2:16:52 +0:34		
3:21 (3:21)	2:58 (6:19)	2:19 (8:38)	7:18 (15:56)	2:59 (18:55)	1:47 (20:42)
4:27 (25:09)	9:03 (34:12)	3:32 (37:44)	4:48 (42:32)	7:36 (50:08)	1:45 (51:53)
7:16 (59:09)	5:42 (1:04:51)	4:57 (1:09:48)	5:05 (1:14:53)	5:36 (1:20:29)	3:51 (1:24:20)
5:35 (1:29:55)	5:05 (1:35:00)	8:16 (1:43:16)	– (1:43:07)	3:18 (1:46:25)	8:11 (1:54:36)
5:37 (2:00:13)	5:09 (2:05:22)	3:15 (2:08:37)	2:40 (2:11:17)	0:29 (2:11:46)	2:11 (2:13:57)
1:43 (2:15:40)	1:12 (2:16:52)				
4. Mogens Clemmensen		OK West	2:23:39 +7:21		
3:23 (3:23)	3:05 (6:28)	2:26 (8:54)	7:10 (16:04)	3:04 (19:08)	1:37 (20:45)
4:53 (25:38)	10:17 (35:55)	3:23 (39:18)	5:13 (44:31)	8:00 (52:31)	1:42 (54:13)
8:20 (1:02:33)	7:53 (1:10:26)	2:21 (1:12:47)	3:59 (1:16:46)	5:14 (1:22:00)	4:28 (1:26:28)
6:22 (1:32:50)	5:16 (1:38:06)	9:29 (1:47:35)	– (1:47:23)	3:59 (1:51:22)	5:20 (1:56:42)
7:10 (2:03:52)	5:27 (2:09:19)	4:17 (2:13:36)	3:31 (2:17:07)	0:55 (2:18:02)	2:16 (2:20:18)
2:13 (2:22:31)	1:08 (2:23:39)				
5. Eric Lauridsen		OK West	2:28:26 +12:08		
3:16 (3:16)	3:07 (6:23)	2:20 (8:43)	6:50 (15:33)	3:46 (19:19)	1:28 (20:47)
4:26 (25:13)	9:24 (34:37)	4:04 (38:41)	5:07 (43:48)	8:05 (51:53)	2:18 (54:11)
7:17 (1:01:28)	5:41 (1:07:09)	5:59 (1:13:08)	3:42 (1:16:50)	9:58 (1:26:48)	4:02 (1:30:50)
6:14 (1:37:04)	4:49 (1:41:53)	8:02 (1:49:55)	0:06 (1:50:01)	4:01 (1:54:02)	5:31 (1:59:33)
6:38 (2:06:11)	6:18 (2:12:29)	5:16 (2:17:45)	3:05 (2:20:50)	0:57 (2:21:47)	2:49 (2:24:36)
2:23 (2:26:59)	1:27 (2:28:26)				
6. Thomas Esmark		Svendborg Orienteringsklub	2:54:22 +38:04		
3:26 (3:26)	2:54 (6:20)	2:40 (9:00)	7:12 (16:12)	2:47 (18:59)	1:51 (20:50)
4:28 (25:18)	15:23 (40:41)	2:51 (43:32)	6:56 (50:28)	10:01 (1:00:29)	1:43 (1:02:12)
9:33 (1:11:45)	9:42 (1:21:27)	2:31 (1:23:58)	5:37 (1:29:35)	18:29 (1:48:04)	3:21 (1:51:25)
6:31 (1:57:56)	5:01 (2:02:57)	10:00 (2:12:57)	– (2:12:42)	3:54 (2:16:36)	6:27 (2:23:03)
7:03 (2:30:06)	6:01 (2:36:07)	6:03 (2:42:10)	3:08 (2:45:18)	1:08 (2:46:26)	4:00 (2:50:26)
2:06 (2:52:32)	1:50 (2:54:22)				
7. Kasper Tofte		Odense OK	2:59:01 +42:43		
3:19 (3:19)	3:12 (6:31)	2:17 (8:48)	7:14 (16:02)	2:50 (18:52)	2:06 (20:58)
5:13 (26:11)	18:06 (44:17)	3:55 (48:12)	13:48 (1:02:00)	9:07 (1:11:07)	2:57 (1:14:04)
8:46 (1:22:50)	6:35 (1:29:25)	6:24 (1:35:49)	5:11 (1:41:00)	11:07 (1:52:07)	4:51 (1:56:58)
6:57 (2:03:55)	5:23 (2:09:18)	9:22 (2:18:40)	– (2:18:39)	3:57 (2:22:36)	5:38 (2:28:14)
6:58 (2:35:12)	5:32 (2:40:44)	5:16 (2:46:00)	3:58 (2:49:58)	1:00 (2:50:58)	3:30 (2:54:28)
2:51 (2:57:19)	1:42 (2:59:01)				
8. Henrik Jægerfeldt Pedersen		Fyns Politis Idrætsforening	3:10:50 +54:32		
3:59 (3:59)	3:48 (7:47)	3:35 (11:22)	9:19 (20:41)	3:58 (24:39)	2:27 (27:06)
5:53 (32:59)	15:39 (48:38)	5:34 (54:12)	8:00 (1:02:12)	10:07 (1:12:19)	2:22 (1:14:41)
9:43 (1:24:24)	8:00 (1:32:24)	3:22 (1:35:46)	5:42 (1:41:28)	6:06 (1:47:34)	4:09 (1:51:43)
9:24 (2:01:07)	6:04 (2:07:11)	11:34 (2:18:45)	0:08 (2:18:53)	4:50 (2:23:43)	6:50 (2:30:33)
8:06 (2:38:39)	12:44 (2:51:23)	6:05 (2:57:28)	3:43 (3:01:11)	1:31 (3:02:42)	4:27 (3:07:09)
2:09 (3:09:18)	1:32 (3:10:50)				
9. Per H. Bavne		IFK	3:10:56 +54:38		
4:04 (4:04)	3:49 (7:53)	3:37 (11:30)	9:22 (20:52)	3:50 (24:42)	2:20 (27:02)
6:05 (33:07)	15:26 (48:33)	5:48 (54:21)	7:58 (1:02:19)	9:55 (1:12:14)	2:31 (1:14:45)
9:31 (1:24:16)	8:29 (1:32:45)	2:57 (1:35:42)	5:43 (1:41:25)	6:18 (1:47:43)	4:06 (1:51:49)
9:15 (2:01:04)	6:13 (2:07:17)	11:26 (2:18:43)	0:08 (2:18:51)	4:50 (2:23:41)	6:55 (2:30:36)
8:13 (2:38:49)	12:28 (2:51:17)	6:06 (2:57:23)	3:57 (3:01:20)	1:32 (3:02:52)	3:44 (3:06:36)
2:40 (3:09:16)	1:40 (3:10:56)				
10. Klaus Lønborg		OK West	4:09:42 +1:53:24		
4:15 (4:15)	4:08 (8:23)	3:26 (11:49)	9:13 (21:02)	3:48 (24:50)	2:08 (26:58)
6:21 (33:19)	16:39 (49:58)	4:52 (54:50)	7:24 (1:02:14)	24:58 (1:27:12)	3:04 (1:30:16)
13:13 (1:43:29)	9:21 (1:52:50)	3:41 (1:56:31)	8:17 (2:04:48)	14:10 (2:18:58)	– (–)
– (2:42:45)	7:07 (2:49:52)	13:18 (3:03:10)	0:30 (3:03:40)	5:33 (3:09:13)	9:20 (3:18:33)
9:40 (3:28:13)	16:15 (3:44:28)	12:15 (3:56:43)	3:30 (4:00:13)	1:09 (4:01:22)	3:05 (4:04:27)
2:51 (4:07:18)	2:24 (4:09:42)				
Karina Mejnborg		PI-København	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
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Mellem 9 km

		(20 / 20)	Tid	Efter	
1. Pernille Buch		OK GORM	1:33:43		
4:32 (4:32)	2:16 (6:48)	1:58 (8:46)	2:36 (11:22)	2:31 (13:53)	3:09 (17:02)
4:23 (21:25)	2:48 (24:13)	1:38 (25:51)	5:06 (30:57)	3:32 (34:29)	5:25 (39:54)
1:33 (41:27)	2:33 (44:00)	6:01 (50:01)	9:38 (59:39)	4:34 (1:04:13)	1:26 (1:05:39)
2:58 (1:08:37)	3:11 (1:11:48)	2:06 (1:13:54)	3:38 (1:17:32)	5:09 (1:22:41)	4:30 (1:27:11)
4:09 (1:31:20)	2:11 (1:33:31)	0:12 (1:33:43)			

2.	Per Eg Pedersen		Kolding OK	1:37:32	+3:49		
	4:31 (4:31)	2:19 (6:50)	1:55 (8:45)	2:42 (11:27)	2:33 (14:00)	3:00 (17:00)	
	4:29 (21:29)	2:47 (24:16)	1:38 (25:54)	5:13 (31:07)	3:31 (34:38)	5:24 (40:02)	
	1:31 (41:33)	2:41 (44:14)	5:56 (50:10)	9:37 (59:47)	4:40 (1:04:27)	1:27 (1:05:54)	
	3:00 (1:08:54)	3:23 (1:12:17)	1:55 (1:14:12)	4:20 (1:18:32)	6:45 (1:25:17)	5:02 (1:30:19)	
	4:30 (1:34:49)	2:12 (1:37:01)	0:31 (1:37:32)				
3.	Karoline Fonager Ulsøe Johansen		Lyngby OK	1:37:59	+4:16		
	4:36 (4:36)	2:03 (6:39)	1:55 (8:34)	2:27 (11:01)	2:15 (13:16)	3:48 (17:04)	
	4:33 (21:37)	2:28 (24:05)	1:36 (25:41)	5:34 (31:15)	3:25 (34:40)	4:45 (39:25)	
	1:37 (41:02)	2:19 (43:21)	6:16 (49:37)	9:24 (59:01)	5:47 (1:04:48)	1:37 (1:06:25)	
	2:54 (1:09:19)	3:17 (1:12:36)	1:53 (1:14:29)	4:25 (1:18:54)	6:19 (1:25:13)	5:17 (1:30:30)	
	4:50 (1:35:20)	2:17 (1:37:37)	0:22 (1:37:59)				
4.	Bent Mikkelsen		Faaborg OK	1:46:33	+12:50		
	4:38 (4:38)	2:28 (7:06)	1:51 (8:57)	3:00 (11:57)	3:25 (15:22)	3:24 (18:46)	
	4:18 (23:04)	3:23 (26:27)	2:32 (28:59)	5:50 (34:49)	4:16 (39:05)	5:53 (44:58)	
	2:48 (47:46)	2:55 (50:41)	7:21 (58:02)	10:27 (1:08:29)	0:14 (1:08:43)	1:49 (1:10:32)	
	3:13 (1:13:45)	3:51 (1:17:36)	2:02 (1:19:38)	4:52 (1:24:30)	7:36 (1:32:06)	5:45 (1:37:51)	
	5:39 (1:43:30)	2:31 (1:46:01)	0:32 (1:46:33)				
5.	Jonathan Skovsø Andersen		Hvalsø OK	1:56:54	+23:11		
	5:08 (5:08)	2:39 (7:47)	1:45 (9:32)	3:40 (13:12)	2:52 (16:04)	4:01 (20:05)	
	5:47 (25:52)	4:06 (29:58)	2:34 (32:32)	6:26 (38:58)	4:15 (43:13)	7:56 (51:09)	
	1:59 (53:08)	3:14 (56:22)	7:24 (1:03:46)	10:51 (1:14:37)	0:38 (1:15:15)	2:00 (1:17:15)	
	3:39 (1:20:54)	4:00 (1:24:54)	2:54 (1:27:48)	5:01 (1:32:49)	8:10 (1:40:59)	6:11 (1:47:10)	
	6:02 (1:53:12)	3:05 (1:56:17)	0:37 (1:56:54)				
6.	Jonas Lolk Glymov		Lyngby OK	1:57:42	+23:59		
	4:40 (4:40)	1:57 (6:37)	2:25 (9:02)	3:32 (12:34)	2:59 (15:33)	4:29 (20:02)	
	6:57 (26:59)	4:06 (31:05)	1:55 (33:00)	4:49 (37:49)	3:04 (40:53)	4:00 (44:53)	
	5:09 (50:02)	2:37 (52:39)	15:26 (1:08:05)	7:57 (1:16:02)	0:23 (1:16:25)	2:10 (1:18:35)	
	2:26 (1:21:01)	3:33 (1:24:34)	2:49 (1:27:23)	3:15 (1:30:38)	7:40 (1:38:18)	7:50 (1:46:08)	
	4:36 (1:50:44)	4:02 (1:54:46)	2:56 (1:57:42)				
7.	Claus Skovsø Petersen		Hvalsø OK	2:13:46	+40:03		
	6:30 (6:30)	3:25 (9:55)	3:02 (12:57)	3:34 (16:31)	2:59 (19:30)	5:14 (24:44)	
	8:07 (32:51)	5:07 (37:58)	3:06 (41:04)	7:24 (48:28)	4:37 (53:05)	6:32 (59:37)	
	1:52 (1:01:29)	4:26 (1:05:55)	4:26 (1:13:31)	15:04 (1:28:35)	0:51 (1:29:26)	2:20 (1:31:46)	
	3:54 (1:35:40)	4:47 (1:40:27)	2:26 (1:42:53)	5:16 (1:48:09)	8:42 (1:56:51)	6:36 (2:03:27)	
	6:28 (2:09:55)	3:15 (2:13:10)	0:36 (2:13:46)				
8.	Kim Gotfred-Iversen		Odense OK	2:13:54	+40:11		
	5:10 (5:10)	2:17 (7:27)	1:45 (9:12)	3:57 (13:09)	3:19 (16:28)	9:12 (25:40)	
	6:31 (32:11)	4:38 (36:49)	2:43 (39:32)	6:00 (45:32)	3:53 (49:25)	6:47 (56:12)	
	1:24 (57:36)	2:30 (1:00:06)	7:49 (1:07:55)	11:04 (1:18:59)	11:46 (1:30:45)	1:11 (1:31:56)	
	2:52 (1:34:48)	3:50 (1:38:38)	3:00 (1:41:38)	5:06 (1:46:44)	8:29 (1:55:13)	7:31 (2:02:44)	
	6:55 (2:09:39)	3:59 (2:13:38)	0:16 (2:13:54)				
9.	Tina Gotfred-Iversen		Odense OK	2:14:24	+40:41		
	5:13 (5:13)	2:44 (7:57)	1:38 (9:35)	3:45 (13:20)	3:10 (16:30)	9:31 (26:01)	
	6:12 (32:13)	4:51 (37:04)	2:35 (39:39)	6:12 (45:51)	4:10 (50:01)	6:24 (56:25)	
	1:31 (57:56)	2:48 (1:00:44)	7:34 (1:08:18)	10:53 (1:19:11)	11:33 (1:30:44)	1:11 (1:31:55)	
	3:11 (1:35:06)	4:13 (1:39:19)	2:21 (1:41:40)	5:03 (1:46:43)	8:53 (1:55:36)	7:16 (2:02:52)	
	6:59 (2:09:51)	3:52 (2:13:43)	0:41 (2:14:24)				
10.	Caroline Øxenhav		Herlufsholm OK	2:16:25	+42:42		
	5:42 (5:42)	2:58 (8:40)	3:39 (12:19)	4:04 (16:23)	2:35 (18:58)	5:54 (24:52)	
	6:48 (31:40)	5:48 (37:28)	2:38 (40:06)	6:56 (47:02)	4:42 (51:44)	6:48 (58:32)	
	2:01 (1:00:33)	7:48 (1:08:21)	8:03 (1:16:24)	11:58 (1:28:22)	1:35 (1:29:57)	2:15 (1:32:12)	
	4:00 (1:36:12)	4:10 (1:40:22)	2:41 (1:43:03)	5:10 (1:48:13)	8:30 (1:56:43)	7:29 (2:04:12)	
	7:18 (2:11:30)	4:28 (2:15:58)	0:27 (2:16:25)				
11.	Hanne Øxenhav		Herlufsholm OK	2:16:27	+42:44		
	5:45 (5:45)	3:19 (9:04)	3:17 (12:21)	4:03 (16:24)	2:39 (19:03)	5:52 (24:55)	
	6:48 (31:43)	5:40 (37:23)	2:40 (40:03)	7:01 (47:04)	4:45 (51:49)	6:49 (58:38)	
	2:02 (1:00:40)	7:44 (1:08:24)	7:57 (1:16:21)	12:06 (1:28:27)	1:33 (1:30:00)	2:20 (1:32:20)	
	3:55 (1:36:15)	4:10 (1:40:25)	2:44 (1:43:09)	5:07 (1:48:16)	8:31 (1:56:47)	7:35 (2:04:22)	
	7:15 (2:11:37)	4:22 (2:15:59)	0:28 (2:16:27)				
12.	Sanne Lund Kolenda		Holbæk OK	2:21:22	+47:39		
	6:17 (6:17)	4:05 (10:22)	2:12 (12:34)	3:35 (16:09)	3:06 (19:15)	5:23 (24:38)	
	9:00 (33:38)	4:38 (38:16)	3:04 (41:20)	6:57 (48:17)	4:18 (52:35)	6:41 (59:16)	
	1:55 (1:01:11)	4:23 (1:05:34)	7:29 (1:13:03)	13:47 (1:26:50)	2:02 (1:28:52)	2:40 (1:31:32)	
	4:32 (1:36:04)	5:19 (1:41:23)	2:50 (1:44:13)	5:30 (1:49:43)	9:03 (1:58:46)	11:10 (2:09:56)	
	7:02 (2:16:58)	3:34 (2:20:32)	0:50 (2:21:22)				
13.	Anette Lindegaard Christensen		Holbæk OK	2:21:26	+47:43		
	6:26 (6:26)	4:00 (10:26)	2:04 (12:30)	3:47 (16:17)	3:02 (19:19)	5:29 (24:48)	
	8:56 (33:44)	4:26 (38:10)	3:11 (41:21)	7:06 (48:27)	4:28 (52:55)	6:32 (59:27)	
	1:55 (1:01:22)	4:23 (1:05:45)	7:34 (1:13:19)	13:39 (1:26:58)	2:03 (1:29:01)	2:48 (1:31:49)	
	4:17 (1:36:06)	5:15 (1:41:21)	3:01 (1:44:22)	5:22 (1:49:44)	9:03 (1:58:47)	11:18 (2:10:05)	
	7:01 (2:17:06)	3:23 (2:20:29)	0:57 (2:21:26)				
14.	Sven Wodschow		AMOK	2:44:32	+1:10:49		
	6:36 (6:36)	3:05 (9:41)	3:15 (12:56)	3:38 (16:34)	3:18 (19:52)	4:50 (24:42)	
	15:12 (39:54)	5:18 (45:12)	4:21 (49:33)	10:59 (1:00:32)	6:31 (1:07:03)	7:20 (1:14:23)	
	2:24 (1:16:47)	6:29 (1:23:16)	8:00 (1:31:16)	13:33 (1:44:49)	0:53 (1:45:42)	2:43 (1:48:25)	
	3:59 (1:52:24)	4:24 (1:56:48)	5:52 (2:02:40)	5:25 (2:08:05)	10:17 (2:18:22)	8:14 (2:26:36)	
	12:26 (2:39:02)	5:10 (2:44:12)	0:20 (2:44:32)				
15.	Johnny Hansen Boonserm		Holbæk OK	2:50:50	+1:17:07		
	7:23 (7:23)	3:40 (11:03)	3:18 (14:21)	4:04 (18:25)	4:04 (22:29)	6:21 (28:50)	
	14:56 (43:46)	4:22 (48:08)	3:43 (51:51)	9:56 (1:01:47)	5:09 (1:06:56)	8:14 (1:15:10)	
	2:26 (1:17:36)	5:32 (1:23:08)	8:56 (1:32:04)	14:27 (1:46:31)	1:03 (1:47:34)	2:18 (1:49:52)	
	4:16 (1:54:08)	4:38 (1:58:46)	3:31 (2:02:17)	5:58 (2:08:15)	9:54 (2:18:09)	8:25 (2:26:34)	
	6:51 (2:33:25)	16:11 (2:49:36)	1:14 (2:50:50)				

Ebbe Kajberg

15:02 (15:02) 3:47 (18:49)
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Jens-Ole Petersen

4:49 (4:49) 2:10 (6:59)
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Per Storm Hansen

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Chris Andersen

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Steffen Alm

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OK Sorø

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Svendborg Orienteringsklub

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 – (2:17:14)

Svendborg OK

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Uden klub

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Fejlklip

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 – (3:27:00) 8:31 (3:35:31) 20:49 (3:56:20)

Fejlklip

2:58 (12:08) 2:21 (14:29) 6:08 (20:37)
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Fejlklip

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Ej startet

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Ultra 20 km**1. Jonas Aadal Wihan**

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2. Rune Cederberg

4:16 (4:16) 6:59 (11:15)
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3. Thorkild Jensen

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4. Claus Cederberg

4:26 (4:26) 6:52 (11:18)
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5. Melissa Ulsøe Jessen

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6. Jørgen Østergaard

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(11 / 11)**Fyns PI**

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Ballerup OK

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Randers OK

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Ballerup OK

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Mariager Fjord OK

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