

**Resultater – VTR05.02.2017**

2017-02-05

<b>Grøn-D</b>		<b>(4 / 4)</b>		<b>Tid</b>	<b>Efter</b>		
1.	Alma Okkels	OK Sorø		19:58			
	2:40 (2:40)	4:00 (6:40)	2:56 (9:36)	1:50 (11:26)	1:59 (13:25)	2:03 (15:28)	
	2:53 (18:21)	1:37 (19:58)					
2.	Iris S Møller	OK Sorø		24:40	+4:42		
	3:40 (3:40)	4:07 (7:47)	3:36 (11:23)	2:04 (13:27)	2:47 (16:14)	2:32 (18:46)	
	4:26 (23:12)	1:28 (24:40)					
3.	Laura Koziara	Køge		27:03	+7:05		
	2:33 (2:33)	5:46 (8:19)	7:32 (15:51)	2:19 (18:10)	1:34 (19:44)	1:43 (21:27)	
	2:56 (24:23)	2:40 (27:03)					
4.	Camile F Scheby	OK Sorø		34:54	+14:56		
	3:09 (3:09)	5:25 (8:34)	8:26 (17:00)	5:03 (22:03)	3:08 (25:11)	3:30 (28:41)	
	4:39 (33:20)	1:34 (34:54)					
<b>Grøn-H</b>		<b>(2 / 2)</b>		<b>Tid</b>	<b>Efter</b>		
1.	Viktor Koziara	Køge		23:29			
	1:50 (1:50)	5:05 (6:55)	7:33 (14:28)	2:13 (16:41)	1:29 (18:10)	1:44 (19:54)	
	2:11 (22:05)	1:24 (23:29)					
2.	Teodore Østervemb	HOK		1:11:05	+47:36		
	3:28 (3:28)	4:35 (8:03)	6:50 (14:53)	6:11 (21:04)	2:49 (23:53)	40:57 (1:04:50)	
	4:21 (1:09:11)	1:54 (1:11:05)					
<b>Gul-D</b>		<b>(7 / 7)</b>		<b>Tid</b>	<b>Efter</b>		
1.	Nina Okkels	OK Sorø		42:10			
	1:43 (1:43)	4:00 (5:43)	2:39 (8:22)	4:33 (12:55)	5:28 (18:23)	3:00 (21:23)	
	2:44 (24:07)	7:11 (31:18)	2:41 (33:59)	2:20 (36:19)	3:13 (39:32)	2:38 (42:10)	
2.	Camilla Pedersen	Køge		45:44	+3:34		
	1:27 (1:27)	4:28 (5:55)	3:25 (9:20)	3:42 (13:02)	4:55 (17:57)	2:39 (20:36)	
	4:32 (25:08)	7:53 (33:01)	3:16 (36:17)	2:46 (39:03)	4:06 (43:09)	2:35 (45:44)	
3.	Tine Demandtorp	OK Sorø		54:24	+12:14		
	1:33 (1:33)	13:19 (14:52)	2:59 (17:51)	5:25 (23:16)	5:06 (28:22)	2:59 (31:21)	
	3:26 (34:47)	4:47 (39:34)	3:35 (43:09)	2:30 (45:39)	3:24 (49:03)	5:21 (54:24)	
4.	Amalie Mosbæk	HOK		55:47	+13:37		
	1:29 (1:29)	7:56 (9:25)	2:50 (12:15)	4:52 (17:07)	5:59 (23:06)	3:55 (27:01)	
	10:28 (37:29)	6:10 (43:39)	3:33 (47:12)	2:31 (49:43)	3:24 (53:07)	2:40 (55:47)	
5.	Caroline Prorst	OK Sorø		1:20:49	+38:39		
	2:48 (2:48)	9:02 (11:50)	5:07 (16:57)	9:06 (26:03)	9:09 (35:12)	6:12 (41:24)	
	8:28 (49:52)	8:03 (57:55)	7:46 (1:05:41)	3:52 (1:09:33)	6:19 (1:15:52)	4:57 (1:20:49)	
6.	Lone Amdisen	OKR		1:21:34	+39:24		
	2:48 (2:48)	9:38 (12:26)	5:04 (17:30)	8:10 (25:40)	7:46 (33:26)	3:36 (37:02)	
	22:33 (59:35)	5:07 (1:04:42)	3:59 (1:08:41)	3:43 (1:12:24)	5:53 (1:18:17)	3:17 (1:21:34)	
7.	Britta Thomsen	HOK		1:56:05	+73:55		
	3:03 (3:03)	16:22 (19:25)	5:47 (25:12)	5:40 (30:52)	35:14 (1:06:06)	4:29 (1:10:35)	
	6:47 (1:17:22)	7:13 (1:24:35)	4:36 (1:29:11)	5:01 (1:34:12)	17:11 (1:51:23)	4:42 (1:56:05)	
<b>Gul-H</b>		<b>(5 / 5)</b>		<b>Tid</b>	<b>Efter</b>		
1.	Adam Carlsen	OKR		42:53			
	1:09 (1:09)	3:35 (4:44)	2:56 (7:40)	3:42 (11:22)	4:04 (15:26)	2:38 (18:04)	
	5:33 (23:37)	7:50 (31:27)	2:25 (33:52)	2:26 (36:18)	4:37 (40:55)	1:58 (42:53)	
2.	Klaus Koziara	Køge		47:59	+5:06		
	1:48 (1:48)	4:33 (6:21)	4:11 (10:32)	4:58 (15:30)	7:37 (23:07)	4:01 (27:08)	
	2:55 (30:03)	5:53 (35:56)	3:06 (39:02)	2:25 (41:27)	3:44 (45:11)	2:48 (47:59)	
3.	Patrick Didriksen	OK Sorø		1:16:23	+33:30		
	5:29 (5:29)	10:59 (16:28)	3:36 (20:04)	7:40 (27:44)	8:48 (36:32)	5:36 (42:08)	
	5:25 (47:33)	5:39 (53:12)	3:01 (56:13)	3:44 (59:57)	12:53 (1:12:50)	3:33 (1:16:23)	
4.	Poul Stalschmidt	HG		1:28:38	+45:45		
	3:02 (3:02)	9:42 (12:44)	5:55 (18:39)	6:48 (25:27)	7:34 (33:01)	9:45 (42:46)	
	11:45 (54:31)	7:50 (1:02:21)	6:30 (1:08:51)	10:10 (1:19:01)	5:45 (1:24:46)	3:52 (1:28:38)	
5.	Markus Thomsen	HOK		1:55:52	+72:59		
	3:02 (3:02)	16:13 (19:15)	5:52 (25:07)	5:27 (30:34)	35:27 (1:06:01)	4:36 (1:10:37)	
	6:41 (1:17:18)	7:12 (1:24:30)	4:28 (1:28:58)	5:09 (1:34:07)	17:17 (1:51:24)	4:28 (1:55:52)	
<b>Hvid-D</b>		<b>(7 / 7)</b>		<b>Tid</b>	<b>Efter</b>		
1.	Sofie Okkels	OK Sorø		24:43			
	2:05 (2:05)	2:44 (4:49)	1:57 (6:46)	1:22 (8:08)	2:52 (11:00)	3:23 (14:23)	
	1:27 (15:50)	3:18 (19:08)	2:08 (21:16)	2:15 (23:31)	1:12 (24:43)		
2.	Terese Søndergaard	OKR		30:12	+5:29		
	2:33 (2:33)	3:39 (6:12)	2:35 (8:47)	1:48 (10:35)	2:45 (13:20)	4:02 (17:22)	
	1:51 (19:13)	4:08 (23:21)	2:37 (25:58)	2:44 (28:42)	1:30 (30:12)		
3.	Eva Høhne	OK Sorø		32:10	+7:27		
	3:04 (3:04)	3:58 (7:02)	2:41 (9:43)	1:50 (11:33)	3:06 (14:39)	3:26 (18:05)	
	2:16 (20:21)	1:53 (22:14)	5:31 (27:45)	2:50 (30:35)	1:35 (32:10)		
4.	Clara Scheby	OK Sorø		32:17	+7:34		
	2:37 (2:37)	4:06 (6:43)	4:01 (10:44)	2:26 (13:10)	2:55 (16:05)	3:32 (19:37)	
	1:42 (21:19)	2:44 (24:03)	3:45 (27:48)	3:02 (30:50)	1:27 (32:17)		

5.	Mathilde Pedersen	Køge	32:50	+8:07		
	3:18 (3:18)	3:47 (7:05)	2:47 (9:52)	1:33 (11:25)	3:08 (14:33)	4:04 (18:37)
	2:02 (20:39)	3:03 (23:42)	4:45 (28:27)	3:19 (31:46)	1:04 (32:50)	
6.	Lene Mundus	Køge	45:58	+21:15		
	3:21 (3:21)	4:51 (8:12)	5:12 (13:24)	1:57 (15:21)	5:11 (20:32)	4:32 (25:04)
	2:12 (27:16)	2:33 (29:49)	10:33 (40:22)	3:39 (44:01)	1:57 (45:58)	
7.	Lena Hansen	HG	47:22	+22:39		
	4:33 (4:33)	5:09 (9:42)	4:36 (14:18)	2:33 (16:51)	4:35 (21:26)	5:37 (27:03)
	2:44 (29:47)	3:51 (33:38)	6:29 (40:07)	4:23 (44:30)	2:52 (47:22)	

Hvid-H		(5 / 5)	Tid	Efter		
1.	Patrick Søgaard	OKR	24:05			
	2:32 (2:32)	2:40 (5:12)	2:03 (7:15)	1:05 (8:20)	3:01 (11:21)	2:06 (13:27)
	1:49 (15:16)	1:15 (16:31)	4:11 (20:42)	2:14 (22:56)	1:09 (24:05)	
2.	Laus Pind	OK Sorø	36:22	+12:17		
	4:27 (4:27)	4:44 (9:11)	3:55 (13:06)	1:38 (14:44)	2:59 (17:43)	4:23 (22:06)
	2:01 (24:07)	2:49 (26:56)	4:54 (31:50)	2:49 (34:39)	1:43 (36:22)	
3.	Birger Jarlkov	Køge	45:56	+21:51		
	3:13 (3:13)	4:36 (7:49)	5:12 (13:01)	2:13 (15:14)	4:54 (20:08)	4:13 (24:21)
	2:37 (26:58)	2:40 (29:38)	10:47 (40:25)	3:36 (44:01)	1:55 (45:56)	
4.	Christopher Søgaard	OKR	1:31:14	+67:09		
	3:55 (3:55)	6:04 (9:59)	5:26 (15:25)	2:58 (18:23)	3:50 (22:13)	4:51 (27:04)
	3:57 (31:01)	38:25 (1:09:26)	11:57 (1:21:23)	6:29 (1:27:52)	3:22 (1:31:14)	
	Janus Høhne	OK Sorø	Fejlklip			
	3:04 (3:04)	3:29 (6:33)	3:14 (9:47)	1:55 (11:42)	3:25 (15:07)	3:17 (18:24)
	2:49 (21:13)	1:34 (22:47)	3:07 (25:54)	– (–)	– (32:12)	

Sort-K.D.o.60		(3 / 3)	Tid	Efter		
1.	Inge Jørgensen	OKR	48:41			
	1:15 (1:15)	1:27 (2:42)	2:54 (5:36)	3:18 (8:54)	3:48 (12:42)	6:32 (19:14)
	1:12 (20:26)	3:25 (23:51)	2:18 (26:09)	1:05 (27:14)	3:13 (30:27)	3:38 (34:05)
	4:59 (39:04)	2:26 (41:30)	3:31 (45:01)	1:31 (46:32)	2:09 (48:41)	
2.	Gerda Marie Christiansen	Køge	52:34	+3:53		
	1:14 (1:14)	1:46 (3:00)	3:23 (6:23)	4:02 (10:25)	4:45 (15:10)	5:54 (21:04)
	1:35 (22:39)	3:43 (26:22)	2:40 (29:02)	1:37 (30:39)	3:38 (34:17)	4:34 (38:51)
	4:30 (43:21)	2:19 (45:40)	3:04 (48:44)	1:38 (50:22)	2:12 (52:34)	
3.	Merete Andersen	HG	1:08:18	+19:37		
	3:31 (3:31)	2:16 (5:47)	4:23 (10:10)	4:31 (14:41)	6:17 (20:58)	6:30 (27:28)
	2:05 (29:33)	5:21 (34:54)	4:52 (39:46)	1:31 (41:17)	3:54 (45:11)	6:15 (51:26)
	4:17 (55:43)	2:59 (58:42)	4:38 (1:03:20)	1:35 (1:04:55)	3:23 (1:08:18)	

Sort-K.D.u.60		(8 / 8)	Tid	Efter		
1.	Anne Frandsen	OK Sorø	41:52			
	1:07 (1:07)	1:17 (2:24)	2:28 (4:52)	3:17 (8:09)	4:04 (12:13)	4:41 (16:54)
	1:16 (18:10)	2:53 (21:03)	2:14 (23:17)	0:59 (24:16)	2:53 (27:09)	3:26 (30:35)
	3:33 (34:08)	2:17 (36:25)	2:14 (38:39)	1:12 (39:51)	2:01 (41:52)	
2.	Birgit Børsting	HG	44:58	+3:06		
	0:58 (0:58)	1:19 (2:17)	2:34 (4:51)	3:16 (8:07)	4:22 (12:29)	4:37 (17:06)
	1:28 (18:34)	2:59 (21:33)	2:03 (23:36)	0:56 (24:32)	2:36 (27:08)	4:13 (31:21)
	3:26 (34:47)	2:29 (37:16)	2:57 (40:13)	2:17 (42:30)	2:28 (44:58)	
3.	Emma Frandsen	OK Sorø	49:44	+7:52		
	0:50 (0:50)	1:18 (2:08)	2:53 (5:01)	4:09 (9:10)	4:15 (13:25)	4:35 (18:00)
	1:16 (19:16)	2:34 (21:50)	2:33 (24:23)	0:57 (25:20)	2:27 (27:47)	3:20 (31:07)
	7:39 (38:46)	2:21 (41:07)	3:54 (45:01)	1:25 (46:26)	3:18 (49:44)	
4.	Tine Scheby	OK Sorø	51:04	+9:12		
	2:05 (2:05)	2:36 (4:41)	3:30 (8:11)	2:58 (11:09)	4:19 (15:28)	5:52 (21:20)
	2:18 (23:38)	3:51 (27:29)	2:10 (29:39)	1:30 (31:09)	3:21 (34:30)	4:21 (38:51)
	3:33 (42:24)	2:32 (44:56)	2:22 (47:18)	1:58 (49:16)	1:48 (51:04)	
5.	Tine Meyhoff	HG	1:04:26	+22:34		
	1:31 (1:31)	2:05 (3:36)	4:39 (8:15)	5:04 (13:19)	5:33 (18:52)	6:58 (25:50)
	1:56 (27:46)	4:19 (32:05)	2:39 (34:44)	1:22 (36:06)	6:43 (42:49)	4:35 (47:24)
	5:22 (52:46)	2:49 (55:35)	4:28 (1:00:03)	1:34 (1:01:37)	2:49 (1:04:26)	
6.	Hanne Greimstrup	Køge	1:10:43	+28:51		
	1:54 (1:54)	2:03 (3:57)	3:57 (7:54)	4:50 (12:44)	5:46 (18:30)	10:39 (29:09)
	2:32 (31:41)	5:20 (37:01)	2:37 (39:38)	1:26 (41:04)	4:16 (45:20)	4:44 (50:04)
	8:49 (58:53)	2:55 (1:01:48)	3:58 (1:05:46)	2:06 (1:07:52)	2:51 (1:10:43)	
7.	Anja Rasmussen	OK Sorø	1:13:41	+31:49		
	1:58 (1:58)	1:50 (3:48)	8:51 (12:39)	4:26 (17:05)	5:01 (22:06)	18:28 (40:34)
	2:00 (42:34)	4:22 (46:56)	3:02 (49:58)	2:03 (52:01)	3:21 (55:22)	3:42 (59:04)
	4:35 (1:03:39)	2:33 (1:06:12)	3:09 (1:09:21)	1:12 (1:10:33)	3:08 (1:13:41)	
	Merete Kleist	OK Sorø	Udgået			

Sort-K.H.o.60		(13 / 13)	Tid	Efter		
1.	Frede Scheye	HG	43:27			
	1:10 (1:10)	1:18 (2:28)	5:14 (7:42)	3:06 (10:48)	3:52 (14:40)	4:19 (18:59)
	1:15 (20:14)	3:26 (23:40)	1:46 (25:26)	0:57 (26:23)	2:25 (28:48)	3:58 (32:46)
	3:18 (36:04)	1:51 (37:55)	2:40 (40:35)	1:07 (41:42)	1:45 (43:27)	
2.	Kim Folander	FSK	44:07	+0:40		
	1:04 (1:04)	1:34 (2:38)	3:09 (5:47)	3:11 (8:58)	4:03 (13:01)	4:49 (17:50)
	1:32 (19:22)	3:06 (22:28)	1:53 (24:21)	1:11 (25:32)	2:41 (28:13)	3:26 (31:39)
	3:35 (35:14)	2:04 (37:18)	3:27 (40:45)	1:15 (42:00)	2:07 (44:07)	

3.	Jørgen Mondrup Kristensen	OKR	45:41	+2:14		
	1:00 (1:00)	1:36 (2:36)	3:04 (5:40)	3:15 (8:55)	4:17 (13:12)	4:50 (18:02)
	1:52 (19:54)	3:07 (23:01)	3:04 (25:05)	1:09 (26:14)	2:48 (29:02)	3:23 (32:25)
	4:13 (36:38)	2:13 (38:51)	3:44 (42:35)	1:20 (43:55)	1:46 (45:41)	
4.	Tage Ebbenskov	Køge	48:43	+5:16		
	1:06 (1:06)	1:27 (2:33)	3:04 (5:37)	3:45 (9:22)	4:47 (14:09)	6:51 (21:00)
	1:35 (22:35)	3:22 (25:57)	1:48 (27:45)	1:20 (29:05)	2:33 (31:38)	4:11 (35:49)
	3:34 (39:23)	2:11 (41:34)	3:49 (45:23)	1:19 (46:42)	2:01 (48:43)	
5.	John Pedersen	OK Sorø	49:25	+5:58		
	1:06 (1:06)	1:40 (2:46)	2:44 (5:30)	4:46 (10:16)	4:56 (15:12)	5:45 (20:57)
	1:25 (22:22)	3:29 (25:51)	2:38 (28:29)	1:06 (29:35)	2:56 (32:31)	3:50 (36:21)
	3:59 (40:20)	2:24 (42:44)	3:15 (45:59)	1:03 (47:02)	2:23 (49:25)	
6.	Jørgen Jørgensen	OK Sorø	51:42	+8:15		
	1:21 (1:21)	1:35 (2:56)	3:57 (6:53)	3:37 (10:30)	4:37 (15:07)	5:22 (20:29)
	2:00 (22:29)	3:02 (25:31)	2:14 (27:45)	1:18 (29:03)	3:12 (32:15)	6:27 (38:42)
	3:46 (42:28)	2:11 (44:39)	3:02 (47:41)	1:23 (49:04)	2:38 (51:42)	
7.	Ole Svendsen	OKR	57:08	+13:41		
	1:05 (1:05)	1:58 (3:03)	3:02 (6:05)	3:57 (10:02)	4:37 (14:39)	7:11 (21:50)
	2:09 (23:59)	5:22 (29:21)	2:12 (31:33)	1:16 (32:49)	3:54 (36:43)	4:42 (41:25)
	4:27 (45:52)	2:29 (48:21)	4:15 (52:36)	1:35 (54:11)	2:57 (57:08)	
8.	Per Steen	Køge	1:02:19	+18:52		
	1:31 (1:31)	2:00 (3:31)	5:37 (9:08)	3:23 (12:31)	4:06 (16:37)	9:19 (25:56)
	1:43 (27:39)	8:07 (35:46)	2:32 (38:18)	1:07 (39:25)	4:08 (43:33)	5:03 (48:36)
	3:40 (52:16)	2:15 (54:31)	4:37 (59:08)	0:59 (1:00:07)	2:12 (1:02:19)	
9.	Jan Bigler	HG	1:05:56	+22:29		
	1:17 (1:17)	2:20 (3:37)	13:08 (16:45)	4:19 (21:04)	5:17 (26:21)	6:52 (33:13)
	1:40 (34:53)	5:12 (40:05)	2:36 (42:41)	1:17 (43:58)	3:00 (46:58)	4:25 (51:23)
	4:36 (55:59)	2:49 (58:48)	3:10 (1:01:58)	1:30 (1:03:28)	2:28 (1:05:56)	
10.	Børge Jensen	HG	1:17:57	+34:30		
	1:57 (1:57)	2:20 (4:17)	8:10 (12:27)	4:09 (16:36)	6:24 (23:00)	6:45 (29:45)
	1:59 (31:44)	17:25 (49:09)	2:11 (51:20)	2:44 (54:04)	3:48 (57:52)	4:22 (1:02:14)
	5:22 (1:07:36)	2:41 (1:10:17)	3:20 (1:13:37)	1:27 (1:15:04)	2:53 (1:17:57)	
11.	Steen Jeppesen	HOK	1:25:55	+42:28		
	2:57 (2:57)	2:12 (5:09)	3:44 (8:53)	7:47 (16:40)	5:33 (22:13)	19:39 (41:52)
	3:25 (45:17)	10:06 (55:23)	2:54 (58:17)	1:44 (1:00:01)	4:00 (1:04:01)	4:34 (1:08:35)
	5:41 (1:14:16)	3:11 (1:17:27)	4:02 (1:21:29)	1:48 (1:23:17)	2:38 (1:25:55)	
12.	Hans Jørgensen	OK Sorø	1:27:20	+43:53		
	6:15 (6:15)	2:41 (8:56)	6:31 (15:27)	8:30 (23:57)	5:03 (29:00)	7:42 (36:42)
	11:42 (48:24)	7:33 (55:57)	3:31 (59:28)	1:27 (1:00:55)	4:46 (1:05:41)	4:14 (1:09:55)
	4:27 (1:14:22)	3:14 (1:17:36)	4:52 (1:22:28)	2:09 (1:24:37)	2:43 (1:27:20)	
13.	Poul Kroziara	Køge	1:30:24	+46:57		
	3:12 (3:12)	2:37 (5:49)	6:30 (12:19)	4:59 (17:18)	7:54 (25:12)	9:13 (34:25)
	2:31 (36:56)	5:33 (42:29)	4:17 (46:46)	4:17 (51:03)	6:40 (57:43)	8:45 (1:06:28)
	6:42 (1:13:10)	3:55 (1:17:05)	6:34 (1:23:39)	2:13 (1:25:52)	4:32 (1:30:24)	

**Sort-K.H.u.60****(9 / 9)****Tid Efter**

1.	Frederik J Pedersen	Køge	33:28			
	0:58 (0:58)	1:05 (2:03)	2:03 (4:06)	2:21 (6:27)	2:48 (9:15)	3:31 (12:46)
	0:56 (13:42)	2:33 (16:15)	1:38 (17:53)	0:57 (18:50)	1:50 (20:40)	3:44 (24:24)
	3:04 (27:28)	1:38 (29:06)	1:52 (30:58)	1:05 (32:03)	1:25 (33:28)	
2.	Bo Pedersen	Køge	34:41	+1:13		
	1:06 (1:06)	1:17 (2:23)	2:00 (4:23)	2:53 (7:16)	3:01 (10:17)	3:16 (13:33)
	2:33 (16:06)	3:38 (19:44)	1:35 (21:19)	0:53 (22:12)	2:05 (24:17)	2:19 (26:36)
	2:18 (28:54)	1:22 (30:16)	1:52 (32:08)	1:15 (33:23)	1:18 (34:41)	
3.	Henning Jeppesen	Køge	34:58	+1:30		
	0:46 (0:46)	1:16 (2:02)	2:06 (4:08)	2:45 (6:53)	3:22 (10:15)	3:57 (14:12)
	1:00 (15:12)	2:30 (17:42)	1:47 (19:29)	0:49 (20:18)	2:03 (22:21)	2:32 (24:53)
	2:50 (27:43)	1:53 (29:36)	2:39 (32:15)	1:00 (33:15)	1:43 (34:58)	
4.	Morten Jensen	OKR	41:14	+7:46		
	0:57 (0:57)	1:43 (2:40)	3:06 (5:46)	3:24 (9:10)	3:43 (12:53)	4:40 (17:33)
	1:10 (18:43)	2:58 (21:41)	1:56 (23:37)	0:57 (24:34)	2:12 (26:46)	3:05 (29:51)
	3:50 (33:41)	1:52 (35:33)	2:50 (38:23)	1:01 (39:24)	1:50 (41:14)	
5.	Tobias Høhne	OK Sorø	46:33	+13:05		
	1:11 (1:11)	1:54 (3:05)	2:55 (6:00)	3:57 (9:57)	6:15 (16:12)	5:31 (21:43)
	1:06 (22:49)	2:52 (25:41)	2:26 (28:07)	1:02 (29:09)	2:30 (31:39)	3:33 (35:12)
	3:39 (38:51)	2:08 (40:59)	2:31 (43:30)	1:13 (44:43)	1:50 (46:33)	
6.	Anton Lauritzen	HOK	54:43	+21:15		
	1:17 (1:17)	1:49 (3:06)	4:37 (7:43)	4:41 (12:24)	4:39 (17:03)	5:18 (22:21)
	4:54 (27:15)	3:55 (31:10)	2:43 (33:53)	1:11 (35:04)	3:09 (38:13)	3:50 (42:03)
	4:06 (46:09)	2:31 (48:40)	2:52 (51:32)	1:17 (52:49)	1:54 (54:43)	
7.	Claus Mikkelsen	HG	1:05:48	+32:20		
	1:20 (1:20)	2:10 (3:30)	3:12 (6:42)	5:02 (11:44)	5:22 (17:06)	7:14 (24:20)
	4:14 (28:34)	3:47 (32:21)	2:26 (34:47)	1:28 (36:15)	3:39 (39:54)	4:12 (44:06)
	4:42 (48:48)	2:34 (51:22)	10:04 (1:01:26)	1:25 (1:02:51)	2:57 (1:05:48)	
8.	Henrik Johansen	Køge	1:15:47	+42:19		
	16:22 (16:22)	2:01 (18:23)	3:12 (21:35)	3:38 (25:13)	4:27 (29:40)	8:34 (38:14)
	1:57 (40:11)	9:34 (49:45)	2:20 (52:05)	1:21 (53:26)	3:11 (56:37)	4:27 (1:01:04)
	4:18 (1:05:22)	2:36 (1:07:58)	4:12 (1:12:10)	1:13 (1:13:23)	2:24 (1:15:47)	
9.	Bo Hede	OK Sorø	1:23:02	+49:34		
	2:06 (2:06)	2:22 (4:28)	9:10 (13:38)	10:48 (24:26)	5:37 (30:03)	7:41 (37:44)
	3:36 (41:20)	8:20 (49:40)	2:52 (52:32)	1:39 (54:11)	4:50 (59:01)	6:15 (1:05:16)
	4:52 (1:10:08)	3:22 (1:13:30)	5:21 (1:18:51)	1:24 (1:20:15)	2:47 (1:23:02)	

Sort-L-D		(1 / 1)		Tid	Efter		
1.	Nina Hoffmann	OK Sorø		1:01:18			
	1:17 (1:17)	2:18 (3:35)	2:35 (6:10)	2:12 (8:22)	2:57 (11:19)	3:14 (14:33)	
	2:01 (16:34)	1:14 (17:48)	4:01 (21:49)	3:09 (24:58)	1:36 (26:34)	2:04 (28:38)	
	3:22 (32:00)	3:05 (35:05)	3:07 (38:12)	2:27 (40:39)	3:08 (43:47)	3:52 (47:39)	
	1:37 (49:16)	2:30 (51:46)	2:32 (54:18)	2:57 (57:15)	1:43 (58:58)	2:20 (1:01:18)	
<b>Sort-L-H</b>		<b>(13 / 13)</b>		<b>Tid</b>	<b>Efter</b>		
1.	Kaare Sørensen	OK Sorø		56:51			
	1:17 (1:17)	2:40 (3:57)	1:59 (5:56)	1:52 (7:48)	2:08 (9:56)	2:26 (12:22)	
	2:46 (15:08)	2:35 (17:43)	3:09 (20:52)	2:44 (23:36)	1:21 (24:57)	2:43 (27:40)	
	2:23 (30:03)	3:37 (33:40)	2:58 (36:38)	2:04 (38:42)	2:25 (41:07)	2:37 (43:44)	
	1:34 (45:18)	2:17 (47:35)	2:41 (50:16)	2:39 (52:55)	1:32 (54:27)	2:24 (56:51)	
2.	Arne Kristensen	HG		58:21	+1:30		
	1:06 (1:06)	1:58 (3:04)	2:19 (5:23)	1:50 (7:13)	2:12 (9:25)	3:53 (13:18)	
	2:59 (16:17)	2:18 (18:35)	3:24 (21:59)	3:05 (25:04)	1:22 (26:26)	2:03 (28:29)	
	2:46 (31:15)	3:55 (35:10)	2:41 (37:51)	2:14 (40:05)	2:46 (42:51)	2:43 (45:34)	
	1:30 (47:04)	2:11 (49:15)	2:22 (51:37)	2:37 (54:14)	1:40 (55:54)	2:27 (58:21)	
3.	Allan Søgaard	OKR		59:24	+2:33		
	1:18 (1:18)	2:19 (3:37)	2:06 (5:43)	3:18 (9:01)	2:17 (11:18)	2:56 (14:14)	
	1:55 (16:09)	0:58 (17:07)	3:37 (20:44)	4:37 (25:21)	2:16 (27:37)	1:53 (29:30)	
	3:35 (33:05)	2:40 (35:45)	4:22 (40:07)	1:59 (42:06)	2:34 (44:40)	2:57 (47:37)	
	1:34 (49:11)	1:59 (51:10)	2:17 (53:27)	2:26 (55:53)	1:24 (57:17)	2:07 (59:24)	
4.	Morten Hass	OK Sorø		1:02:44	+5:53		
	1:54 (1:54)	2:20 (4:14)	2:32 (6:46)	2:24 (9:10)	2:25 (11:35)	3:06 (14:41)	
	2:01 (16:42)	1:28 (18:10)	4:18 (22:28)	3:09 (25:37)	1:45 (27:22)	3:14 (30:36)	
	2:47 (33:23)	2:56 (36:19)	3:14 (39:33)	2:23 (41:56)	2:55 (44:51)	2:50 (47:41)	
	1:37 (49:18)	2:33 (51:51)	2:39 (54:30)	3:28 (57:58)	2:03 (1:00:01)	2:43 (1:02:44)	
5.	Clemen Ditlevsen	OK Sorø		1:06:26	+9:35		
	2:12 (2:12)	4:46 (6:58)	2:28 (9:26)	2:36 (12:02)	2:26 (14:28)	3:07 (17:35)	
	1:56 (19:31)	1:24 (20:55)	5:19 (26:14)	3:14 (29:28)	3:06 (32:34)	2:31 (35:05)	
	2:40 (37:45)	3:00 (40:45)	3:00 (43:45)	2:36 (46:21)	2:45 (49:06)	3:01 (52:07)	
	1:37 (53:44)	2:40 (56:24)	2:41 (59:05)	3:06 (1:02:11)	1:44 (1:03:55)	2:31 (1:06:26)	
6.	Jan Thiesen	HOK		1:07:45	+10:54		
	1:05 (1:05)	3:31 (4:36)	2:32 (7:08)	2:33 (9:41)	2:35 (12:16)	3:10 (15:26)	
	2:22 (17:48)	1:23 (19:11)	4:01 (23:12)	3:54 (27:06)	1:50 (28:56)	4:28 (33:24)	
	2:45 (36:09)	4:01 (40:10)	3:01 (43:11)	2:19 (45:30)	3:00 (48:30)	3:28 (51:58)	
	1:55 (53:53)	2:29 (56:22)	3:14 (59:36)	3:11 (1:02:47)	1:56 (1:04:43)	3:02 (1:07:45)	
7.	Sebastian Hansen	HG		1:07:49	+10:58		
	1:47 (1:47)	2:47 (4:34)	2:28 (7:02)	2:27 (9:29)	3:01 (12:30)	3:34 (16:04)	
	2:30 (18:34)	1:30 (20:04)	4:14 (24:18)	3:25 (27:43)	4:22 (32:05)	2:33 (34:38)	
	2:42 (37:20)	4:19 (41:39)	3:08 (44:47)	2:21 (47:08)	2:59 (50:07)	3:45 (53:52)	
	1:43 (55:35)	2:23 (57:58)	2:17 (1:00:15)	3:23 (1:03:38)	1:55 (1:05:33)	2:16 (1:07:49)	
8.	Martin Thomsen	HOK		1:08:50	+11:59		
	3:01 (3:01)	4:18 (7:19)	2:18 (9:37)	2:29 (12:06)	2:39 (14:45)	3:52 (18:37)	
	2:40 (21:17)	1:04 (22:21)	3:36 (25:57)	3:30 (29:27)	3:59 (33:26)	2:23 (35:49)	
	2:43 (38:32)	3:39 (42:11)	2:44 (44:55)	2:36 (47:31)	3:23 (50:54)	3:49 (54:43)	
	1:43 (56:26)	3:09 (59:35)	2:06 (1:01:41)	2:37 (1:04:18)	1:34 (1:05:52)	2:58 (1:08:50)	
9.	Jakob Søndergaard	OKR		1:09:57	+13:06		
	3:13 (3:13)	5:44 (8:57)	2:19 (11:16)	2:25 (13:41)	2:45 (16:26)	3:49 (20:15)	
	2:13 (22:28)	1:05 (23:33)	4:03 (27:36)	2:58 (30:34)	1:46 (32:20)	2:09 (34:29)	
	3:18 (37:47)	5:08 (42:55)	2:52 (45:47)	3:09 (48:56)	2:54 (51:50)	3:57 (55:47)	
	1:47 (57:34)	2:19 (59:53)	2:35 (1:02:28)	3:04 (1:05:32)	1:43 (1:07:15)	2:42 (1:09:57)	
10.	Peter Lauritzen	HOK		1:11:36	+14:45		
	1:23 (1:23)	5:06 (6:29)	2:48 (9:17)	3:06 (12:23)	2:26 (14:49)	3:01 (17:50)	
	2:14 (20:04)	1:15 (21:19)	4:51 (26:10)	3:26 (29:36)	2:12 (31:48)	2:33 (34:21)	
	3:11 (37:32)	4:30 (42:02)	3:49 (45:51)	3:19 (49:10)	3:22 (52:32)	3:57 (56:29)	
	2:02 (58:31)	2:32 (1:01:03)	2:18 (1:03:21)	3:26 (1:06:47)	1:50 (1:08:37)	2:59 (1:11:36)	
11.	Peter Karberg	HG		1:12:45	+15:54		
	1:17 (1:17)	2:50 (4:07)	2:37 (6:44)	2:39 (9:23)	2:55 (12:18)	3:30 (15:48)	
	2:33 (18:21)	3:19 (21:40)	4:07 (25:47)	4:08 (29:55)	3:35 (33:30)	2:59 (36:29)	
	3:11 (39:40)	3:49 (43:29)	3:16 (46:45)	2:38 (49:23)	3:11 (52:34)	4:37 (57:11)	
	1:36 (58:47)	2:55 (1:01:42)	3:07 (1:04:49)	3:22 (1:08:11)	1:58 (1:10:09)	2:36 (1:12:45)	
12.	Mads Svendsen	OKR		1:17:13	+20:22		
	2:13 (2:13)	2:41 (4:54)	2:24 (7:18)	2:17 (9:35)	7:03 (16:38)	3:51 (20:29)	
	2:47 (23:16)	6:15 (29:31)	3:39 (33:10)	3:01 (36:11)	1:36 (37:47)	2:21 (40:08)	
	3:20 (43:28)	3:36 (47:04)	3:01 (50:05)	2:33 (52:38)	2:59 (55:37)	7:07 (1:02:44)	
	2:10 (1:04:54)	2:13 (1:07:07)	2:50 (1:09:57)	3:06 (1:13:03)	1:40 (1:14:43)	2:30 (1:17:13)	
13.	Henrik Snedker Pedersen	HOK		1:43:39	+46:48		
	1:56 (1:56)	6:23 (8:19)	4:01 (12:20)	3:43 (16:03)	4:59 (21:02)	4:31 (25:33)	
	3:22 (28:55)	2:00 (30:55)	6:02 (36:57)	5:17 (42:14)	2:53 (45:07)	4:30 (49:37)	
	4:48 (54:25)	6:47 (1:01:12)	5:30 (1:06:42)	4:17 (1:10:59)	4:26 (1:15:25)	5:23 (1:20:48)	
	2:52 (1:23:40)	4:21 (1:28:01)	4:21 (1:32:22)	4:48 (1:37:10)	2:48 (1:39:58)	3:41 (1:43:39)	
<b>Sort-M-D</b>		<b>(7 / 7)</b>		<b>Tid</b>	<b>Efter</b>		
1.	Hanne Fogh	FSK		55:17			
	1:50 (1:50)	2:26 (4:16)	2:53 (7:09)	3:06 (10:15)	5:30 (15:45)	1:58 (17:43)	
	2:39 (20:22)	2:01 (22:23)	1:57 (24:20)	1:12 (25:32)	4:03 (29:35)	3:08 (32:43)	
	3:12 (35:55)	4:51 (40:46)	4:29 (45:15)	2:50 (48:05)	2:44 (50:49)	2:10 (52:59)	
	2:18 (55:17)						

2.	Mette Filskov	OK Sorø	58:25	+3:08		
	2:21 (2:21)	1:55 (4:16)	3:50 (8:06)	3:57 (12:03)	6:46 (18:49)	2:05 (20:54)
	2:28 (23:22)	1:56 (25:18)	2:47 (28:05)	1:31 (29:36)	5:21 (34:57)	4:01 (38:58)
	3:26 (42:24)	3:30 (45:54)	2:49 (48:43)	2:36 (51:19)	2:39 (53:58)	2:06 (56:04)
	2:21 (58:25)					
3.	Jette Greimstrup	Køge	1:12:29	+17:12		
	3:45 (3:45)	2:44 (6:29)	4:12 (10:41)	5:15 (15:56)	8:27 (24:23)	3:30 (27:53)
	2:49 (30:42)	2:37 (33:15)	2:48 (36:03)	1:20 (37:23)	4:59 (42:22)	4:45 (47:07)
	4:05 (51:12)	4:09 (55:21)	3:10 (58:31)	3:38 (1:02:09)	3:22 (1:05:31)	4:20 (1:09:51)
	2:38 (1:12:29)					
4.	Nadia Skyggelund	OK Sorø	1:18:26	+23:09		
	2:00 (2:00)	2:11 (4:11)	3:15 (7:26)	5:21 (12:47)	6:35 (19:22)	6:44 (26:06)
	2:43 (28:49)	2:37 (31:26)	2:29 (33:55)	2:01 (35:56)	7:56 (43:52)	4:34 (48:26)
	5:51 (54:17)	4:30 (58:47)	3:50 (1:02:37)	3:45 (1:06:22)	4:54 (1:11:16)	4:09 (1:15:25)
	3:01 (1:18:26)					
5.	Lise Andersen	HG	1:27:11	+31:54		
	2:42 (2:42)	2:49 (5:31)	3:58 (9:29)	5:17 (14:46)	10:00 (24:46)	3:00 (27:46)
	4:11 (31:57)	4:41 (36:38)	3:18 (39:56)	1:47 (41:43)	6:00 (47:43)	5:13 (52:56)
	4:11 (57:07)	9:15 (1:06:22)	8:08 (1:14:30)	3:37 (1:18:07)	3:29 (1:21:36)	2:44 (1:24:20)
	2:51 (1:27:11)					
6.	Anne Villerup	HOK	1:31:49	+36:32		
	3:24 (3:24)	2:49 (6:13)	7:58 (14:11)	5:34 (19:45)	9:04 (28:49)	2:05 (30:54)
	3:00 (33:54)	5:57 (39:51)	2:49 (42:40)	2:54 (45:34)	8:23 (53:57)	6:08 (1:00:05)
	5:02 (1:05:07)	4:43 (1:09:50)	7:36 (1:17:26)	3:32 (1:20:58)	5:03 (1:26:01)	2:54 (1:28:55)
	2:54 (1:31:49)					
7.	Jytte Hougaard	OKR	1:39:41	+44:24		
	2:54 (2:54)	2:51 (5:45)	7:23 (13:08)	5:25 (18:33)	9:01 (27:34)	3:03 (30:37)
	4:00 (34:37)	3:01 (37:38)	3:42 (41:20)	8:32 (49:52)	7:11 (57:03)	4:47 (1:01:50)
	11:03 (1:12:53)	4:45 (1:17:38)	4:50 (1:22:28)	3:41 (1:26:09)	3:44 (1:29:53)	6:53 (1:36:46)
	2:55 (1:39:41)					

**Sort-M-H (18 / 18)**

			Tid	Efter		
1.	Jesper Jensen	Farum	39:05			
	1:21 (1:21)	1:14 (2:35)	2:06 (4:41)	2:12 (6:53)	4:20 (11:13)	1:24 (12:37)
	2:14 (14:51)	1:35 (16:26)	1:31 (17:57)	0:47 (18:44)	3:02 (21:46)	2:36 (24:22)
	2:14 (26:36)	3:29 (30:05)	1:59 (32:04)	2:03 (34:07)	1:51 (35:58)	1:32 (37:30)
	1:35 (39:05)					
2.	Søren Madsen	OK Sorø	52:24	+13:19		
	1:55 (1:55)	2:23 (4:18)	2:44 (7:02)	3:09 (10:11)	5:36 (15:47)	1:57 (17:44)
	1:55 (19:39)	2:07 (21:46)	2:19 (24:05)	1:03 (25:08)	3:44 (28:52)	3:06 (31:58)
	3:19 (35:17)	3:57 (39:14)	3:04 (42:18)	2:38 (44:56)	2:51 (47:47)	2:07 (49:54)
	2:30 (52:24)					
3.	Gunnar Grue-Sørensen	Køge	54:48	+15:43		
	1:44 (1:44)	1:42 (3:26)	3:57 (7:23)	3:52 (11:15)	5:29 (16:44)	2:01 (18:45)
	1:57 (20:42)	1:52 (22:34)	2:09 (24:43)	1:30 (26:13)	5:26 (31:39)	4:01 (35:40)
	3:11 (38:51)	3:48 (42:39)	2:36 (45:15)	2:29 (47:44)	2:36 (50:20)	2:15 (52:35)
	2:13 (54:48)					
4.	Claus Børsting	HG	55:54	+16:49		
	2:09 (2:09)	2:10 (4:19)	3:00 (7:19)	3:34 (10:53)	5:50 (16:43)	2:11 (18:54)
	2:06 (21:00)	2:07 (23:07)	1:53 (25:00)	1:10 (26:10)	4:20 (30:30)	4:10 (34:40)
	3:12 (37:52)	3:36 (41:28)	3:04 (44:32)	3:25 (47:57)	3:13 (51:10)	2:14 (53:24)
	2:30 (55:54)					
5.	Mogens Hald	OKR	1:00:27	+21:22		
	2:20 (2:20)	1:55 (4:15)	3:46 (8:01)	4:30 (12:31)	5:46 (18:17)	1:53 (20:10)
	2:34 (22:44)	2:14 (24:58)	2:30 (27:28)	1:25 (28:53)	4:50 (33:43)	4:36 (38:19)
	4:30 (42:49)	3:46 (46:35)	3:16 (49:51)	3:14 (53:05)	2:37 (55:42)	2:13 (57:55)
	2:32 (1:00:27)					
6.	Henrik Nielsen	HOK	1:06:17	+27:12		
	1:55 (1:55)	2:31 (4:26)	3:21 (7:47)	3:11 (10:58)	9:09 (20:07)	1:51 (21:58)
	2:25 (24:23)	2:21 (26:44)	2:24 (29:08)	1:17 (30:25)	4:38 (35:03)	3:49 (38:52)
	3:37 (42:29)	3:45 (46:14)	2:54 (49:08)	8:48 (57:56)	3:07 (1:01:03)	2:29 (1:03:32)
	2:45 (1:06:17)					
7.	John Barnewitz	Køge	1:07:01	+27:56		
	2:24 (2:24)	2:01 (4:25)	3:33 (7:58)	5:19 (13:17)	11:37 (24:54)	2:04 (26:58)
	2:39 (29:37)	2:03 (31:40)	2:20 (34:00)	1:32 (35:32)	5:05 (40:37)	3:47 (44:24)
	4:40 (49:04)	3:42 (52:46)	2:49 (55:35)	3:50 (59:25)	2:46 (1:02:11)	2:27 (1:04:38)
	2:23 (1:07:01)					
8.	Martin Munk	OK Sorø	1:07:15	+28:10		
	2:10 (2:10)	1:54 (4:04)	4:35 (8:39)	2:51 (11:30)	12:25 (23:55)	2:18 (26:13)
	2:38 (28:51)	1:44 (30:35)	1:43 (32:18)	1:20 (33:38)	5:53 (39:31)	4:49 (44:20)
	6:09 (50:29)	4:26 (54:55)	3:11 (58:06)	2:30 (1:00:36)	2:35 (1:03:11)	2:04 (1:05:15)
	2:00 (1:07:15)					
9.	Michael Nilsson	OK Sorø	1:08:42	+29:37		
	2:35 (2:35)	2:10 (4:45)	3:04 (7:49)	4:40 (12:29)	7:40 (20:09)	7:35 (27:44)
	2:25 (30:09)	1:53 (32:02)	2:09 (34:11)	2:43 (36:54)	4:49 (41:43)	3:53 (45:36)
	5:46 (51:22)	3:38 (55:00)	2:48 (57:48)	2:53 (1:00:41)	3:08 (1:03:49)	2:30 (1:06:19)
	2:23 (1:08:42)					
10.	Mike Lauridsen	OK Sorø	1:18:24	+39:19		
	2:00 (2:00)	2:10 (4:10)	3:14 (7:24)	5:14 (12:38)	6:41 (19:19)	6:44 (26:03)
	2:37 (28:40)	2:41 (31:21)	2:30 (33:51)	2:04 (35:55)	7:49 (43:44)	4:39 (48:23)
	5:46 (54:09)	4:35 (58:44)	3:48 (1:02:32)	3:45 (1:06:17)	5:01 (1:11:18)	4:04 (1:15:22)
	3:02 (1:18:24)					

11. Anders Bang	Køge	1:20:14 +41:09			
3:37 (3:37)	2:36 (6:13)	4:16 (10:29)	5:07 (15:36)	9:14 (24:50)	3:39 (28:29)
3:38 (32:07)	2:54 (35:01)	4:02 (39:03)	2:03 (41:06)	5:16 (46:22)	5:47 (52:09)
5:22 (57:31)	5:37 (1:03:08)	4:33 (1:07:41)	3:19 (1:11:00)	3:19 (1:14:19)	2:52 (1:17:11)
3:03 (1:20:14)					
12. Lars Olsen	OKR	1:20:45 +41:40			
3:05 (3:05)	2:06 (5:11)	4:14 (9:25)	5:27 (14:52)	8:34 (23:26)	4:29 (27:55)
4:55 (32:50)	3:25 (36:15)	3:23 (39:38)	1:39 (41:17)	5:59 (47:16)	5:30 (52:46)
4:37 (57:23)	4:53 (1:02:16)	4:56 (1:07:12)	3:17 (1:10:29)	3:23 (1:13:52)	3:12 (1:17:04)
3:41 (1:20:45)					
13. Karsten Hjorth	OKR	1:23:28 +44:23			
3:57 (3:57)	2:26 (6:23)	3:47 (10:10)	4:53 (15:03)	8:26 (23:29)	3:04 (26:33)
3:11 (29:44)	4:42 (34:26)	3:31 (37:57)	2:04 (40:01)	7:14 (47:15)	5:57 (53:12)
5:15 (58:27)	5:23 (1:03:50)	5:27 (1:09:17)	3:48 (1:13:05)	3:47 (1:16:52)	3:08 (1:20:00)
3:28 (1:23:28)					
14. Henrik Boesen	OKR	1:27:42 +48:37			
2:21 (2:21)	1:50 (4:11)	4:44 (8:55)	7:16 (16:11)	8:04 (24:15)	2:49 (27:04)
5:15 (32:19)	2:34 (34:53)	3:32 (38:25)	1:52 (40:17)	9:11 (49:28)	4:52 (54:20)
4:24 (58:44)	5:14 (1:03:58)	3:46 (1:07:44)	3:43 (1:11:27)	5:16 (1:16:43)	8:01 (1:24:44)
2:58 (1:27:42)					
15. Mads Rasmussen	OK Sorø	1:30:48 +51:43			
2:50 (2:50)	2:35 (5:25)	2:51 (8:16)	4:01 (12:17)	22:55 (35:12)	2:12 (37:24)
5:11 (42:35)	2:23 (44:58)	2:43 (47:41)	2:08 (49:49)	5:43 (55:32)	9:28 (1:05:00)
5:34 (1:10:34)	4:03 (1:14:37)	4:04 (1:18:41)	2:44 (1:21:25)	3:33 (1:24:58)	3:42 (1:28:40)
2:08 (1:30:48)					
16. Helmuth Hansen	HG	1:38:43 +59:38			
3:56 (3:56)	3:02 (6:58)	3:42 (10:40)	8:49 (19:29)	25:41 (45:10)	1:23 (46:33)
3:01 (49:34)	2:09 (51:43)	2:45 (54:28)	1:34 (56:02)	8:48 (1:04:50)	8:12 (1:13:02)
3:38 (1:16:40)	5:45 (1:22:25)	5:48 (1:28:13)	2:48 (1:31:01)	2:42 (1:33:43)	2:37 (1:36:20)
2:23 (1:38:43)					
Svend Christiansen	Klubløs	Fejlkli			
2:09 (2:09)	2:32 (4:41)	– (–)	– (–)	– (20:58)	3:22 (24:20)
3:19 (27:39)	2:13 (29:52)	2:12 (32:04)	1:04 (33:08)	3:49 (36:57)	– (–)
– (46:40)	3:27 (50:07)	2:52 (52:59)	2:42 (55:41)	4:26 (1:00:07)	2:10 (1:02:17)
2:03 (1:04:20)					
Anders Knudsen	HG	Udgået			
2:11 (2:11)	1:43 (3:54)	2:46 (6:40)	3:20 (10:00)	5:54 (15:54)	1:41 (17:35)
2:09 (19:44)	1:46 (21:30)	1:57 (23:27)	1:07 (24:34)	4:08 (28:42)	3:38 (32:20)
3:01 (35:21)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)					

Sort-Mi.D.0.60	(3 / 3)	Tid	Efter		
1. Lene Hansen	HG	53:16			
3:34 (3:34)	5:04 (8:38)	2:59 (11:37)	3:27 (15:04)	1:12 (16:16)	4:45 (21:01)
4:26 (25:27)	5:36 (31:03)	2:44 (33:47)	2:16 (36:03)	4:00 (40:03)	6:36 (46:39)
3:08 (49:47)	3:29 (53:16)				
2. Grethe Larsen	Køge	56:07 +2:51			
3:24 (3:24)	7:32 (10:56)	2:39 (13:35)	3:00 (16:35)	2:03 (18:38)	4:33 (23:11)
2:42 (25:53)	4:53 (30:46)	2:52 (33:38)	1:32 (35:10)	3:27 (38:37)	4:53 (43:30)
8:14 (51:44)	4:23 (56:07)				
3. Ane Veierskov	OKR	59:53 +6:37			
3:13 (3:13)	5:08 (8:21)	2:40 (11:01)	3:04 (14:05)	3:00 (17:05)	5:27 (22:32)
9:41 (32:13)	5:07 (37:20)	2:57 (40:17)	1:53 (42:10)	4:30 (46:40)	6:09 (52:49)
3:33 (56:22)	3:31 (59:53)				
Sort-Mi.D.u.60	(5 / 5)	Tid	Efter		
1. Jannie Nielsen	HOK	55:09			
3:59 (3:59)	6:07 (10:06)	2:46 (12:52)	2:53 (15:45)	1:42 (17:27)	5:51 (23:18)
5:12 (28:30)	5:30 (34:00)	3:11 (37:11)	1:36 (38:47)	4:13 (43:00)	5:14 (48:14)
4:26 (52:40)	2:29 (55:09)				
2. Merete Østergaard	OKR	58:05 +2:56			
2:55 (2:55)	13:14 (16:09)	2:31 (18:40)	7:25 (26:05)	1:15 (27:20)	4:51 (32:11)
2:50 (35:01)	4:26 (39:27)	2:47 (42:14)	1:33 (43:47)	3:25 (47:12)	4:45 (51:57)
3:12 (55:09)	2:56 (58:05)				
3. Danja Kristensen	Amager OK	1:02:05 +6:56			
6:29 (6:29)	6:51 (13:20)	3:08 (16:28)	4:13 (20:41)	1:54 (22:35)	6:41 (29:16)
4:30 (33:46)	4:42 (38:28)	4:20 (42:48)	2:31 (45:19)	4:27 (49:46)	5:07 (54:53)
3:54 (58:47)	3:18 (1:02:05)				
4. Maiken Andersen	Ballerup	1:10:08 +14:59			
4:04 (4:04)	9:00 (13:04)	3:35 (16:39)	5:06 (21:45)	2:13 (23:58)	7:03 (31:01)
2:58 (33:59)	6:45 (40:44)	4:19 (45:03)	2:05 (47:08)	5:46 (52:54)	7:51 (1:00:45)
4:27 (1:05:12)	4:56 (1:10:08)				
5. Ida M Jørgensen	OK Sorø	1:18:09 +23:00			
5:32 (5:32)	5:55 (11:27)	3:28 (14:55)	3:47 (18:42)	2:00 (20:42)	6:32 (27:14)
23:01 (50:15)	5:30 (55:45)	3:40 (59:25)	1:42 (1:01:07)	5:00 (1:06:07)	5:38 (1:11:45)
3:10 (1:14:55)	3:14 (1:18:09)				

Sort-Mi.H.o.60	(15 / 15)	Tid	Efter		
1. Peter Bjørn Jensen	O-63	41:40			
3:09 (3:09)	4:16 (7:25)	2:11 (9:36)	2:44 (12:20)	1:26 (13:46)	5:09 (18:55)
2:07 (21:02)	3:39 (24:41)	2:17 (26:58)	1:52 (28:50)	2:57 (31:47)	4:01 (35:48)
3:07 (38:55)	2:45 (41:40)				

2.	Kurt Dose	Køge	51:34	+9:54		
	3:45 (3:45)	6:43 (10:28)	2:43 (13:11)	3:00 (16:11)	1:34 (17:45)	4:54 (22:39)
	2:30 (25:09)	4:46 (29:55)	3:09 (33:04)	1:32 (34:36)	3:28 (38:04)	5:01 (43:05)
	4:31 (47:36)	3:58 (51:34)				
3.	Tage Frydendal	HOK	54:57	+13:17		
	3:26 (3:26)	8:23 (11:49)	2:33 (14:22)	3:22 (17:44)	2:41 (20:25)	5:57 (26:22)
	2:56 (29:18)	3:56 (33:14)	2:57 (36:11)	1:43 (37:54)	4:01 (41:55)	6:09 (48:04)
	3:09 (51:13)	3:44 (54:57)				
4.	Erik Torm	HG	55:13	+13:33		
	3:46 (3:46)	7:24 (11:10)	2:59 (14:09)	3:38 (17:47)	1:37 (19:24)	5:31 (24:55)
	4:29 (29:24)	5:09 (34:33)	3:03 (37:36)	1:40 (39:16)	3:56 (43:12)	4:40 (47:52)
	3:30 (51:22)	3:51 (55:13)				
5.	Henning Hansen	Køge	56:37	+14:57		
	4:12 (4:12)	7:41 (11:53)	2:22 (14:15)	3:47 (18:02)	1:43 (19:45)	4:11 (23:56)
	2:49 (26:45)	4:39 (31:24)	3:16 (34:40)	1:32 (36:12)	3:18 (39:30)	4:52 (44:22)
	8:19 (52:41)	3:56 (56:37)				
6.	Preben Kristensen	OKR	58:04	+16:24		
	3:22 (3:22)	6:01 (9:23)	2:41 (12:04)	4:29 (16:33)	1:40 (18:13)	5:31 (23:44)
	10:46 (34:30)	4:18 (38:48)	2:54 (41:42)	1:39 (43:21)	3:52 (47:13)	4:20 (51:33)
	3:13 (54:46)	3:18 (58:04)				
7.	Mogens Jensen	HOK	1:00:38	+18:58		
	4:01 (4:01)	9:15 (13:16)	2:13 (15:29)	2:42 (18:11)	2:06 (20:17)	10:52 (31:09)
	4:43 (35:52)	6:11 (42:03)	2:13 (44:16)	1:34 (45:50)	3:14 (49:04)	4:07 (53:11)
	3:16 (56:27)	4:11 (1:00:38)				
8.	Erland Kristensen	Amager OK	1:02:07	+20:27		
	6:28 (6:28)	6:51 (13:19)	3:08 (16:27)	4:17 (20:44)	1:48 (22:32)	6:42 (29:14)
	4:30 (33:44)	4:43 (38:27)	4:21 (42:48)	2:28 (45:16)	4:29 (49:45)	5:08 (54:53)
	3:57 (58:50)	3:17 (1:02:07)				
9.	Henrik Lawaetz	OK Sorø	1:02:17	+20:37		
	3:39 (3:39)	4:42 (8:21)	2:04 (10:25)	3:06 (13:31)	1:47 (15:18)	4:22 (19:40)
	14:22 (34:02)	4:24 (38:26)	6:35 (45:01)	1:39 (46:40)	4:04 (50:44)	5:18 (56:02)
	3:05 (59:07)	3:10 (1:02:17)				
10.	Torben Nielsen	Køge	1:05:20	+23:40		
	8:46 (8:46)	6:40 (15:26)	2:54 (18:20)	10:48 (29:08)	1:25 (30:33)	6:36 (37:09)
	3:07 (40:16)	4:32 (44:48)	3:19 (48:07)	2:00 (50:07)	4:21 (54:28)	4:17 (58:45)
	3:16 (1:02:01)	3:19 (1:05:20)				
11.	Jørgen Larsen	Køge	1:10:17	+28:37		
	5:15 (5:15)	5:40 (10:55)	2:12 (13:07)	4:23 (17:30)	2:06 (19:36)	3:54 (23:30)
	5:41 (29:11)	7:50 (37:01)	1:43 (38:44)	1:17 (40:01)	3:13 (43:14)	15:40 (58:54)
	7:15 (1:06:09)	4:08 (1:10:17)				
12.	Sune Frederiksen	Hvalsø	1:11:35	+29:55		
	4:41 (4:41)	6:09 (10:50)	2:53 (13:43)	4:02 (17:45)	5:49 (23:34)	7:05 (30:39)
	3:50 (34:29)	6:06 (40:35)	4:17 (44:52)	2:06 (46:58)	4:53 (51:51)	5:37 (57:28)
	9:46 (1:07:14)	4:21 (1:11:35)				
13.	Bent Børsting	HG	1:15:08	+33:28		
	9:44 (9:44)	6:06 (15:50)	3:54 (19:44)	9:16 (29:00)	1:48 (30:48)	10:16 (41:04)
	3:40 (44:44)	5:42 (50:26)	3:01 (53:27)	2:31 (55:58)	5:06 (1:01:04)	4:47 (1:05:51)
	4:41 (1:10:32)	4:36 (1:15:08)				
14.	Peter Leander	Køge	1:31:19	+49:39		
	4:48 (4:48)	6:34 (11:22)	3:23 (14:45)	10:22 (25:07)	1:41 (26:48)	5:36 (32:24)
	17:16 (49:40)	11:35 (1:01:15)	3:34 (1:04:49)	3:53 (1:08:42)	6:09 (1:14:51)	7:45 (1:22:36)
	4:00 (1:26:36)	4:43 (1:31:19)				
	Svend Fladberg	Køge	Fejlklip			
	4:44 (4:44)	- (-)	- (18:29)	5:14 (23:43)	2:02 (25:45)	14:57 (40:42)
	6:11 (46:53)	4:45 (51:38)	3:11 (54:49)	1:33 (56:22)	4:40 (1:01:02)	5:19 (1:06:21)
	6:52 (1:13:13)	6:44 (1:19:57)				