

Resultater – VTR - Fruens plantage 11/11-18

2018-11-11

Grøn D		(3 / 3)		Tid	Efter		
1.	Freja Hirsborg Pedersen	Køge OK	34:43				
	4:01 (4:01)	2:38 (6:39)	2:06 (8:45)	1:19 (10:04)	1:51 (11:55)	2:34 (14:29)	
	2:31 (17:00)	1:11 (18:11)	2:08 (20:19)	0:47 (21:06)	1:37 (22:43)	1:54 (24:37)	
	1:34 (26:11)	2:46 (28:57)	0:29 (29:26)	1:02 (30:28)	2:44 (33:12)	1:31 (34:43)	
2.	Ruth Mosbæk	Holbæk OK	43:36	+8:53			
	2:43 (2:43)	2:31 (5:14)	1:46 (7:00)	0:56 (7:56)	1:28 (9:24)	1:53 (11:17)	
	2:01 (13:18)	1:05 (14:23)	4:05 (18:28)	1:07 (19:35)	1:13 (20:48)	1:54 (22:42)	
	1:36 (24:18)	2:08 (26:26)	0:53 (27:19)	14:24 (41:43)	1:08 (42:51)	0:45 (43:36)	
3.	Ulla Larsen	Herlufsholm OK	1:18:50	+44:07			
	5:40 (5:40)	5:03 (10:43)	3:16 (13:59)	2:23 (16:22)	3:28 (19:50)	3:59 (23:49)	
	4:12 (28:01)	2:26 (30:27)	4:46 (35:13)	2:05 (37:18)	2:14 (39:32)	4:43 (44:15)	
	2:27 (46:42)	22:19 (1:09:01)	2:23 (1:11:24)	2:50 (1:14:14)	2:37 (1:16:51)	1:59 (1:18:50)	
Grøn H		(4 / 4)		Tid	Efter		
1.	Viktor Koziara	Køge OK	25:28				
	2:21 (2:21)	2:08 (4:29)	1:17 (5:46)	0:46 (6:32)	1:02 (7:34)	5:41 (13:15)	
	1:17 (14:32)	0:50 (15:22)	1:42 (17:04)	0:33 (17:37)	1:00 (18:37)	1:40 (20:17)	
	0:53 (21:10)	1:27 (22:37)	0:27 (23:04)	0:43 (23:47)	1:06 (24:53)	0:35 (25:28)	
2.	August Nybro	Maribo OK	39:31	+14:03			
	3:22 (3:22)	2:23 (5:45)	1:28 (7:13)	1:03 (8:16)	1:18 (9:34)	8:21 (17:55)	
	1:32 (19:27)	1:14 (20:41)	2:14 (22:55)	0:45 (23:40)	1:13 (24:53)	7:44 (32:37)	
	1:27 (34:04)	2:19 (36:23)	0:38 (37:01)	0:37 (37:38)	1:07 (38:45)	0:46 (39:31)	
3.	Noah H. Jørgensen	OK Sorø	40:34	+15:06			
	2:45 (2:45)	4:21 (7:06)	2:27 (9:33)	1:59 (11:32)	1:47 (13:19)	2:03 (15:22)	
	2:55 (18:17)	1:39 (19:56)	3:56 (23:52)	1:16 (25:08)	1:47 (26:55)	3:17 (30:12)	
	2:07 (32:19)	2:34 (34:53)	1:04 (35:57)	2:04 (38:01)	1:29 (39:30)	1:04 (40:34)	
4.	Alexander Hansen	Herlufsholm OK	46:26	+20:58			
	4:31 (4:31)	4:56 (9:27)	3:04 (12:31)	1:42 (14:13)	1:53 (16:06)	2:37 (18:43)	
	3:42 (22:25)	2:21 (24:46)	4:01 (28:47)	1:11 (29:58)	1:25 (31:23)	3:20 (34:43)	
	1:50 (36:33)	3:31 (40:04)	1:03 (41:07)	2:26 (43:33)	1:32 (45:05)	1:21 (46:26)	
Hvid D		(5 / 5)		Tid	Efter		
1.	Alma Okkels Jensen	OK Sorø	31:27				
	2:45 (2:45)	0:45 (3:30)	1:06 (4:36)	1:23 (5:59)	1:29 (7:28)	3:19 (10:47)	
	0:18 (11:05)	1:42 (12:47)	2:38 (15:25)	2:22 (17:47)	1:44 (19:31)	1:03 (20:34)	
	1:37 (22:11)	2:32 (24:43)	0:50 (25:33)	1:49 (27:22)	0:31 (27:53)	2:46 (30:39)	
	0:14 (30:53)	0:34 (31:27)					
2.	Emma Stegmann	Herlufsholm OK	37:40	+6:13			
	2:59 (2:59)	0:44 (3:43)	1:32 (5:15)	1:36 (6:51)	1:21 (8:12)	5:08 (13:20)	
	0:16 (13:36)	1:55 (15:31)	3:07 (18:38)	2:52 (21:30)	2:26 (23:56)	1:18 (25:14)	
	2:05 (27:19)	3:08 (30:27)	1:17 (31:44)	2:19 (34:03)	0:43 (34:46)	1:51 (36:37)	
	0:30 (37:07)	0:33 (37:40)					
3.	Eva Hønne	OK Sorø	40:24	+8:57			
	3:04 (3:04)	0:44 (3:48)	1:34 (5:22)	1:48 (7:10)	1:27 (8:37)	3:06 (11:43)	
	0:23 (12:06)	2:22 (14:28)	2:56 (17:24)	2:37 (20:01)	3:22 (23:23)	1:06 (24:29)	
	2:10 (26:39)	3:39 (30:18)	1:10 (31:28)	2:25 (33:53)	2:06 (35:59)	2:34 (38:33)	
	0:54 (39:27)	0:57 (40:24)					
4.	Iris Møller	OK Sorø	48:25	+16:58			
	3:12 (3:12)	0:33 (3:45)	2:05 (5:50)	1:22 (7:12)	1:33 (8:45)	6:13 (14:58)	
	0:15 (15:13)	2:08 (17:21)	4:47 (22:08)	4:20 (26:28)	2:41 (29:09)	1:46 (30:55)	
	2:19 (33:14)	4:03 (37:17)	2:13 (39:30)	5:21 (44:51)	0:22 (45:13)	2:04 (47:17)	
	0:27 (47:44)	0:41 (48:25)					
5.	Lene Mundus	Køge OK	54:04	+22:37			
	3:26 (3:26)	0:51 (4:17)	3:15 (7:32)	2:23 (9:55)	1:50 (11:45)	6:31 (18:16)	
	0:45 (19:01)	2:17 (21:18)	3:54 (25:12)	3:35 (28:47)	2:31 (31:18)	1:19 (32:37)	
	1:56 (34:33)	8:03 (42:36)	2:13 (44:49)	3:02 (47:51)	1:42 (49:33)	3:03 (52:36)	
	0:26 (53:02)	1:02 (54:04)					
Hvid H		(5 / 5)		Tid	Efter		
1.	Mads Ottar Jespersen	OK Sorø	32:28				
	2:36 (2:36)	0:40 (3:16)	1:16 (4:32)	1:12 (5:44)	1:18 (7:02)	4:24 (11:26)	
	0:13 (11:39)	1:38 (13:17)	2:59 (16:16)	2:06 (18:22)	1:52 (20:14)	0:56 (21:10)	
	1:19 (22:29)	3:02 (25:31)	1:05 (26:36)	2:02 (28:38)	0:51 (29:29)	2:09 (31:38)	
	0:11 (31:49)	0:39 (32:28)					
2.	Emil Stegmann	Herlufsholm OK	37:42	+5:14			
	2:59 (2:59)	0:43 (3:42)	1:37 (5:19)	1:27 (6:46)	1:23 (8:09)	5:08 (13:17)	
	0:17 (13:34)	2:00 (15:34)	3:01 (18:35)	2:54 (21:29)	2:32 (24:01)	1:16 (25:17)	
	2:02 (27:19)	3:12 (30:31)	1:10 (31:41)	2:22 (34:03)	0:48 (34:51)	1:45 (36:36)	
	0:30 (37:06)	0:36 (37:42)					
3.	Sebastian Rathje	OK Sorø	47:05	+14:37			
	8:41 (8:41)	4:07 (12:48)	0:54 (13:42)	1:11 (14:53)	1:11 (16:04)	5:25 (21:29)	
	0:17 (21:46)	1:35 (23:21)	2:23 (25:44)	2:43 (28:27)	1:40 (30:07)	1:19 (31:26)	
	1:17 (32:43)	7:02 (39:45)	0:51 (40:36)	2:17 (42:53)	0:41 (43:34)	1:43 (45:17)	
	0:19 (45:36)	1:29 (47:05)					
4.	Birger Jarlkov	Køge OK	54:10	+21:42			
	3:37 (3:37)	0:46 (4:23)	2:56 (7:19)	2:25 (9:44)	2:07 (11:51)	6:43 (18:34)	
	0:32 (19:06)	2:23 (21:29)	4:19 (25:48)	3:15 (29:03)	2:24 (31:27)	1:25 (32:52)	
	1:51 (34:43)	8:12 (42:55)	1:50 (44:45)	3:02 (47:47)	1:43 (49:30)	3:11 (52:41)	
	0:28 (53:09)	1:01 (54:10)					
5.	Oliver Krarup Hansen	Holbæk OK	1:08:42	+36:14			
	4:53 (4:53)	1:00 (5:53)	2:26 (8:19)	3:50 (12:09)	2:03 (14:12)	6:31 (20:43)	
	0:28 (21:11)	3:01 (24:12)	6:39 (30:51)	5:40 (36:31)	5:23 (41:54)	1:59 (43:53)	
	4:01 (47:54)	6:44 (54:38)	2:09 (56:47)	5:04 (1:01:51)	1:06 (1:02:57)	4:17 (1:07:14)	
	0:35 (1:07:49)	0:53 (1:08:42)					
Gul D		(7 / 7)		Tid	Efter		
1.	Mia Stegmann	Herlufsholm OK	47:02				
	3:07 (3:07)	4:10 (7:17)	1:47 (9:04)	0:27 (9:31)	2:44 (12:15)	3:15 (15:30)	
	4:55 (20:25)	4:32 (24:57)	4:53 (29:50)	3:41 (33:31)	1:18 (34:49)	2:10 (36:59)	
	2:35 (39:34)	3:42 (43:16)	0:49 (44:05)	0:22 (44:27)	2:35 (47:02)		
2.	Sofie Okkels Jensen	OK Sorø	49:19	+2:17			

2:50 (2:50)	5:07 (7:57)	1:57 (9:54)	0:25 (10:19)	3:48 (14:07)	2:46 (16:53)
4:29 (21:22)	4:52 (26:14)	1:48 (28:02)	3:26 (31:28)	1:31 (32:59)	2:40 (35:39)
4:14 (39:53)	6:13 (46:06)	1:10 (47:16)	0:24 (47:40)	1:39 (49:19)	
3. Connie Jahn		Holbæk OK	53:54 +6:52		
3:35 (3:35)	4:31 (8:06)	2:10 (10:16)	0:29 (10:45)	3:50 (14:35)	3:56 (18:31)
5:58 (24:29)	5:38 (30:07)	2:00 (32:07)	4:10 (36:17)	2:12 (38:29)	3:27 (41:56)
3:18 (45:14)	4:36 (49:50)	1:23 (51:13)	0:26 (51:39)	2:15 (53:54)	
4. Sandra Mundus		Herlufsholm OK	58:26 +11:24		
3:54 (3:54)	4:53 (8:47)	2:20 (11:07)	0:46 (11:53)	5:27 (17:20)	3:05 (20:25)
5:48 (26:13)	5:15 (31:28)	1:58 (33:26)	6:19 (39:45)	1:56 (41:41)	4:28 (46:09)
3:18 (49:27)	4:49 (54:16)	1:26 (55:42)	0:32 (56:14)	2:12 (58:26)	
5. Anne-Mette Stampe Hjort		OK Sorø	1:07:16 +20:14		
5:08 (5:08)	4:31 (9:39)	2:48 (12:27)	3:53 (16:20)	3:29 (19:49)	3:14 (23:03)
4:53 (27:56)	5:22 (33:18)	2:06 (35:24)	8:36 (44:00)	2:44 (46:44)	4:02 (50:46)
3:04 (53:50)	8:37 (1:02:27)	2:26 (1:04:53)	0:20 (1:05:13)	2:03 (1:07:16)	
6. Jytte Nielsen		Køge OK	1:34:23 +47:21		
4:52 (4:52)	6:45 (11:37)	4:12 (15:49)	1:01 (16:50)	6:23 (23:13)	4:42 (27:55)
8:06 (36:01)	8:31 (44:32)	3:43 (48:15)	8:13 (56:28)	3:04 (59:32)	6:28 (1:06:00)
8:21 (1:14:21)	11:11 (1:25:32)	2:15 (1:27:47)	0:50 (1:28:37)	5:46 (1:34:23)	
7. Gitte Rasmussen		Køge OK	1:37:54 +50:52		
6:33 (6:33)	7:37 (14:10)	5:17 (19:27)	0:59 (20:26)	6:16 (26:42)	4:41 (31:23)
8:14 (39:37)	8:27 (48:04)	3:47 (51:51)	8:07 (59:58)	3:05 (1:03:03)	6:35 (1:09:38)
8:14 (1:17:52)	11:10 (1:29:02)	2:20 (1:31:22)	0:50 (1:32:12)	5:42 (1:37:54)	

Gul H

	(9 / 9)	Tid	Efter		
1. Brian S Jørgensen	Holbæk OK	40:53			
2:49 (2:49)	3:27 (6:16)	1:41 (7:57)	0:31 (8:28)	2:36 (11:04)	2:32 (13:36)
4:00 (17:36)	3:46 (21:22)	1:50 (23:12)	3:42 (26:54)	1:55 (28:49)	2:07 (30:56)
2:22 (33:18)	3:30 (36:48)	0:59 (37:47)	0:20 (38:07)	2:46 (40:53)	
2. Simon Mundus	Herlufsholm OK	55:32 +14:39			
3:08 (3:08)	4:36 (7:44)	1:38 (9:22)	0:26 (9:48)	2:43 (12:31)	3:38 (16:09)
4:11 (20:20)	6:35 (26:55)	1:35 (28:30)	10:52 (39:22)	1:56 (41:18)	2:59 (44:17)
3:14 (47:31)	4:07 (51:38)	1:07 (52:45)	0:32 (53:17)	2:15 (55:32)	
3. Erik Torm	Herlufsholm OK	1:04:28 +23:35			
3:45 (3:45)	7:12 (10:57)	3:10 (14:07)	0:35 (14:42)	4:21 (19:03)	4:31 (23:34)
6:01 (29:35)	5:54 (35:29)	2:26 (37:55)	4:57 (42:52)	1:40 (44:32)	4:00 (48:32)
4:11 (52:43)	6:01 (58:44)	1:53 (1:00:37)	0:29 (1:01:06)	3:22 (1:04:28)	
4. Rasmus Hjorth	OK Sorø	1:06:59 +26:06			
5:21 (5:21)	4:16 (9:37)	2:54 (12:31)	3:52 (16:23)	3:32 (19:55)	3:15 (23:10)
4:45 (27:55)	5:18 (33:13)	2:10 (35:23)	9:38 (45:01)	1:47 (46:48)	3:53 (50:41)
3:09 (53:50)	8:35 (1:02:25)	2:08 (1:04:33)	0:22 (1:04:55)	2:04 (1:06:59)	
5. Elliot Dons	OK Roskilde	1:09:37 +28:44			
4:00 (4:00)	6:41 (10:41)	3:57 (14:38)	1:08 (15:46)	6:58 (22:44)	4:15 (26:59)
8:41 (35:40)	4:59 (40:39)	4:25 (45:04)	6:36 (51:40)	1:27 (53:07)	2:42 (55:49)
2:54 (58:43)	5:23 (1:04:06)	1:14 (1:05:20)	0:28 (1:05:48)	3:49 (1:09:37)	
6. Poul Sthalschmidt	Herlufsholm OK	1:14:53 +34:00			
4:00 (4:00)	3:58 (7:58)	1:55 (9:53)	0:38 (10:31)	5:51 (16:22)	3:08 (19:30)
6:49 (26:19)	5:47 (32:06)	3:23 (35:29)	4:50 (40:19)	1:36 (41:55)	4:00 (45:55)
16:47 (1:02:42)	6:39 (1:09:21)	1:25 (1:10:46)	0:40 (1:11:26)	3:27 (1:14:53)	
7. Torben Nielsen	Køge OK	1:15:24 +34:31			
3:58 (3:58)	5:45 (9:43)	3:25 (13:08)	1:07 (14:15)	4:51 (19:06)	4:24 (23:30)
6:06 (29:36)	7:53 (37:29)	2:53 (40:22)	9:00 (49:22)	2:50 (52:12)	3:56 (56:08)
4:36 (1:00:44)	8:48 (1:09:32)	2:01 (1:11:33)	0:36 (1:12:09)	3:15 (1:15:24)	
8. Peter Leander	Køge OK	1:16:01 +35:08			
3:37 (3:37)	6:27 (10:04)	3:39 (13:43)	0:38 (14:21)	5:23 (19:44)	4:00 (23:44)
7:13 (30:57)	7:57 (38:54)	3:08 (42:02)	6:56 (48:58)	2:26 (51:24)	4:28 (55:52)
6:23 (1:02:15)	8:00 (1:10:15)	2:03 (1:12:18)	0:35 (1:12:53)	3:08 (1:16:01)	
9. Jesper Carlsson	Køge OK	1:43:18 +62:25			
5:47 (5:47)	10:14 (16:01)	4:10 (20:11)	1:56 (22:07)	6:43 (28:50)	5:48 (34:38)
8:14 (42:52)	7:41 (50:33)	3:25 (53:58)	11:23 (1:05:21)	2:18 (1:07:39)	6:09 (1:13:48)
10:00 (1:23:48)	11:43 (1:35:31)	3:45 (1:39:16)	0:36 (1:39:52)	3:26 (1:43:18)	

Blå D-U60

	(3 / 3)	Tid	Efter		
1. Susanne Tanderup	Herlufsholm OK	54:30			
3:02 (3:02)	3:44 (6:46)	2:10 (8:56)	3:41 (12:37)	5:23 (18:00)	3:43 (21:43)
2:27 (24:10)	1:44 (25:54)	2:07 (28:01)	4:02 (32:03)	2:26 (34:29)	3:54 (38:23)
4:44 (43:07)	0:30 (43:37)	7:11 (50:48)	2:24 (53:12)	0:39 (53:51)	0:39 (54:30)
2. Rita Løjmand	Herlufsholm OK	59:22 +4:52			
2:24 (2:24)	7:29 (9:53)	3:45 (13:38)	1:21 (14:59)	7:06 (22:05)	4:43 (26:48)
3:56 (30:44)	1:22 (32:06)	2:20 (34:26)	4:51 (39:17)	2:47 (42:04)	4:32 (46:36)
3:47 (50:23)	0:28 (50:51)	3:41 (54:32)	0:53 (55:25)	3:04 (58:29)	0:53 (59:22)
3. Susan Hansen	Køge OK	1:06:50 +12:20			
4:53 (4:53)	5:38 (10:31)	3:07 (13:38)	0:45 (14:23)	7:09 (21:32)	8:07 (29:39)
3:43 (33:22)	2:01 (35:23)	2:09 (37:32)	4:41 (42:13)	5:25 (47:38)	7:50 (55:28)
4:20 (59:48)	0:33 (1:00:21)	3:37 (1:03:58)	0:59 (1:04:57)	0:57 (1:05:54)	0:56 (1:06:50)

Blå H-U60

	(3 / 3)	Tid	Efter		
1. Morten Løjmand	Herlufsholm OK	47:23			
2:06 (2:06)	4:06 (6:12)	2:28 (8:40)	0:35 (9:15)	5:17 (14:32)	4:07 (18:39)
3:03 (21:42)	1:17 (22:59)	1:49 (24:48)	3:39 (28:27)	2:18 (30:45)	4:50 (35:35)
4:27 (40:02)	0:33 (40:35)	3:12 (43:47)	0:46 (44:33)	1:45 (46:18)	1:05 (47:23)
2. Claus Mikkelsen	Herlufsholm OK	1:04:13 +16:50			
2:52 (2:52)	6:13 (9:05)	3:41 (12:46)	0:44 (13:30)	8:09 (21:39)	6:09 (27:48)
3:57 (31:45)	1:51 (33:36)	2:28 (36:04)	5:31 (41:35)	2:18 (43:53)	5:45 (49:38)
4:43 (54:21)	0:41 (55:02)	4:22 (59:24)	0:59 (1:00:23)	2:34 (1:02:57)	1:16 (1:04:13)
3. Tom Hansen	Køge OK	1:04:47 +17:24			
2:27 (2:27)	6:00 (8:27)	3:16 (11:43)	0:38 (12:21)	7:15 (19:36)	6:37 (26:13)
5:14 (31:27)	1:35 (33:02)	2:07 (35:09)	4:56 (40:05)	6:30 (46:35)	7:01 (53:36)
3:38 (57:14)	0:54 (58:08)	3:54 (1:02:02)	0:51 (1:02:53)	0:54 (1:03:47)	1:00 (1:04:47)

Blå D-O60

	(5 / 5)	Tid	Efter		
1. Annette Petersen	OK Roskilde	51:06			
2:24 (2:24)	4:33 (6:57)	2:40 (9:37)	1:09 (10:46)	6:52 (17:38)	4:20 (21:58)
3:22 (25:20)	1:18 (26:38)	1:56 (28:34)	4:04 (32:38)	2:36 (35:14)	5:06 (40:20)
3:38 (43:58)	0:31 (44:29)	3:05 (47:34)	1:01 (48:35)	1:27 (50:02)	1:04 (51:06)
2. Lene Hansen	Herlufsholm OK	57:14 +6:08			
2:13 (2:13)	4:33 (6:46)	3:00 (9:46)	0:43 (10:29)	6:28 (16:57)	6:18 (23:15)
5:08 (28:23)	1:23 (29:46)	2:15 (32:01)	4:41 (36:42)	2:16 (38:58)	6:27 (45:25)
4:32 (49:57)	0:32 (50:29)	3:51 (54:20)	1:04 (55:24)	1:01 (56:25)	0:49 (57:14)

3.	Grethe Larsen		Køge OK	59:57	+8:51		
	4:03 (4:03)	5:31 (9:34)	4:47 (14:21)	0:36 (14:57)		7:17 (22:14)	3:54 (26:08)
	3:36 (29:44)	1:40 (31:24)	2:06 (33:30)	4:42 (38:12)		2:14 (40:26)	5:09 (45:35)
	4:56 (50:31)	0:33 (51:04)	3:31 (54:35)	1:58 (56:33)		2:26 (58:59)	0:58 (59:57)
4.	Lena Hansen		Herlufsholm OK	1:16:03	+24:57		
	5:22 (5:22)	6:22 (11:44)	4:13 (15:57)	0:54 (16:51)		9:20 (26:11)	6:42 (32:53)
	4:21 (37:14)	1:46 (39:00)	2:39 (41:39)	5:57 (47:36)		3:15 (50:51)	7:10 (58:01)
	5:38 (1:03:39)	0:36 (1:04:15)	4:47 (1:09:02)	1:14 (1:10:16)		4:47 (1:15:03)	1:00 (1:16:03)
	Bente Skov-Jensen		O-63	Fejlklip			
	2:43 (2:43)	5:13 (7:56)	3:22 (11:18)	– (–)		– (23:48)	5:53 (29:41)
	5:15 (34:56)	1:38 (36:34)	2:23 (38:57)	5:12 (44:09)		6:41 (50:50)	5:30 (56:20)
	4:32 (1:00:52)	0:53 (1:01:45)	3:23 (1:05:08)	1:14 (1:06:22)		2:30 (1:08:52)	2:05 (1:10:57)

Blå H-O60

			(7 / 7)	Tid	Efter		
1.	Peter Bjørn Jensen		O-63	51:41			
	2:25 (2:25)	4:35 (7:00)	2:33 (9:33)	0:33 (10:06)		5:23 (15:29)	8:33 (24:02)
	3:28 (27:30)	1:06 (28:36)	1:32 (30:08)	3:52 (34:00)		2:07 (36:07)	4:44 (40:51)
	3:29 (44:20)	0:37 (44:57)	2:59 (47:56)	1:08 (49:04)		1:32 (50:36)	1:05 (51:41)
2.	Niels-Henrik Holscher		O-63	51:51	+0:10		
	2:14 (2:14)	3:49 (6:03)	2:27 (8:30)	0:33 (9:03)		5:03 (14:06)	7:20 (21:26)
	2:49 (24:15)	1:11 (25:26)	2:15 (27:41)	4:14 (31:55)		2:25 (34:20)	5:25 (39:45)
	3:28 (43:13)	0:24 (43:37)	2:40 (46:17)	0:57 (47:14)		4:07 (51:21)	0:30 (51:51)
3.	Jørgen Larsen		Køge OK	51:58	+0:17		
	2:23 (2:23)	4:00 (6:23)	2:26 (8:49)	0:36 (9:25)		5:50 (15:15)	4:19 (19:34)
	3:03 (22:37)	2:25 (25:02)	3:08 (28:10)	4:03 (32:13)		2:19 (34:32)	4:28 (39:00)
	3:41 (42:41)	0:38 (43:19)	3:06 (46:25)	1:01 (47:26)		3:36 (51:02)	0:56 (51:58)
4.	Svend Fladberg		Køge OK	1:14:15	+22:34		
	2:51 (2:51)	6:03 (8:54)	6:58 (15:52)	0:45 (16:37)		7:05 (23:42)	5:50 (29:32)
	3:51 (33:23)	2:17 (35:40)	2:31 (38:11)	4:55 (43:06)		2:46 (45:52)	7:55 (53:47)
	5:08 (58:55)	1:40 (1:00:35)	4:44 (1:05:19)	2:34 (1:07:53)		5:44 (1:13:37)	0:38 (1:14:15)
5.	John Jensen		Holbæk OK	1:16:36	+24:55		
	2:12 (2:12)	4:55 (7:07)	4:17 (11:24)	0:36 (12:00)		7:59 (19:59)	10:13 (30:12)
	4:05 (34:17)	1:45 (36:02)	2:00 (38:02)	14:43 (52:45)		2:14 (54:59)	4:09 (59:08)
	4:13 (1:03:21)	0:30 (1:03:51)	3:37 (1:07:28)	1:05 (1:08:33)		5:45 (1:14:18)	2:18 (1:16:36)
	Bent Børsting		Herlufsholm OK	Fejlklip			
	16:33 (16:33)	7:10 (23:43)	4:33 (28:16)	0:45 (29:01)		8:57 (37:58)	5:53 (43:51)
	4:15 (48:06)	2:41 (50:47)	3:08 (53:55)	5:37 (59:32)		3:50 (1:03:22)	8:32 (1:11:54)
	5:44 (1:17:38)	0:39 (1:18:17)	5:00 (1:23:17)	1:22 (1:24:39)		– (–)	– (1:28:12)
	Kurt Dose		Køge OK	Fejlklip			
	2:52 (2:52)	5:32 (8:24)	3:21 (11:45)	0:37 (12:22)		6:56 (19:18)	4:35 (23:53)
	3:55 (27:48)	2:05 (29:53)	2:08 (32:01)	5:08 (37:09)		2:10 (39:19)	5:03 (44:22)
	5:47 (50:09)	0:31 (50:40)	3:43 (54:23)	1:12 (55:35)		– (–)	– (58:16)

Kort D-U60

			(9 / 9)	Tid	Efter		
1.	Birgit Børsting Petersen		Herlufsholm OK	44:26			
	2:06 (2:06)	2:19 (4:25)	4:34 (8:59)	1:45 (10:44)		0:22 (11:06)	3:04 (14:10)
	5:59 (20:09)	1:55 (22:04)	2:14 (24:18)	2:50 (27:08)		2:43 (29:51)	4:40 (34:31)
	3:20 (37:51)	1:16 (39:07)	1:38 (40:45)	1:23 (42:08)		1:02 (43:10)	1:16 (44:26)
2.	Søs Munch Hansen		OK Sorø	45:11	+0:45		
	2:04 (2:04)	2:04 (4:08)	4:23 (8:31)	1:58 (10:29)		0:26 (10:55)	2:44 (13:39)
	5:37 (19:16)	1:47 (21:03)	2:22 (23:25)	3:59 (27:24)		3:02 (30:26)	4:16 (34:42)
	3:05 (37:47)	1:23 (39:10)	1:49 (40:59)	1:31 (42:30)		1:09 (43:39)	1:32 (45:11)
3.	Pia Kadziola		Maribo OK	49:01	+4:35		
	2:55 (2:55)	2:05 (5:00)	3:58 (8:58)	1:57 (10:55)		0:41 (11:36)	3:18 (14:54)
	5:06 (20:00)	3:19 (23:19)	2:27 (25:46)	2:59 (28:45)		2:52 (31:37)	4:46 (36:23)
	3:58 (40:21)	1:55 (42:16)	2:31 (44:47)	1:36 (46:23)		1:04 (47:27)	1:34 (49:01)
4.	Anne Holdt		Køge OK	52:02	+7:36		
	2:27 (2:27)	2:33 (5:00)	5:03 (10:03)	2:09 (12:12)		0:31 (12:43)	3:04 (15:47)
	5:37 (21:24)	2:24 (23:48)	2:33 (26:21)	3:12 (29:33)		3:51 (33:24)	5:04 (38:28)
	3:50 (42:18)	1:53 (44:11)	3:23 (47:34)	1:51 (49:25)		1:07 (50:32)	1:30 (52:02)
5.	Linnea Kadziola		Maribo OK	53:12	+8:46		
	2:12 (2:12)	2:36 (4:48)	4:50 (9:38)	1:52 (11:30)		0:24 (11:54)	2:52 (14:46)
	10:34 (25:20)	2:18 (27:38)	2:25 (30:03)	3:14 (33:17)		3:05 (36:22)	4:41 (41:03)
	3:55 (44:58)	1:34 (46:32)	2:24 (48:56)	1:44 (50:40)		1:04 (51:44)	1:28 (53:12)
6.	Amalie Snedker Pedersen		Holbæk OK	58:59	+14:33		
	3:17 (3:17)	3:32 (6:49)	5:48 (12:37)	3:07 (15:44)		0:58 (16:42)	3:58 (20:40)
	5:46 (26:26)	2:20 (28:46)	3:21 (32:07)	2:58 (35:05)		3:46 (38:51)	4:41 (43:32)
	2:57 (46:29)	3:29 (49:58)	2:08 (52:06)	2:21 (54:27)		1:30 (55:57)	3:02 (58:59)
7.	Maja Maria Zvolinska		OK Sorø	1:04:46	+20:20		
	5:16 (5:16)	2:22 (7:38)	4:09 (11:47)	2:07 (13:54)		0:24 (14:18)	3:38 (17:56)
	8:22 (26:18)	3:30 (29:48)	2:28 (32:16)	6:55 (39:11)		3:51 (43:02)	7:16 (50:18)
	3:36 (53:54)	2:43 (56:37)	2:37 (59:14)	1:41 (1:00:55)		1:15 (1:02:10)	2:36 (1:04:46)
8.	Merete Kleist		OK Sorø	1:05:54	+21:28		
	2:02 (2:02)	2:08 (4:10)	3:52 (8:02)	2:00 (10:02)		0:27 (10:29)	3:06 (13:35)
	17:18 (30:53)	2:59 (33:52)	2:29 (36:21)	2:44 (39:05)		3:02 (42:07)	4:06 (46:13)
	2:56 (49:09)	5:27 (54:36)	4:15 (58:51)	4:22 (1:03:13)		1:26 (1:04:39)	1:15 (1:05:54)
9.	Lone Jørgensen		Herlufsholm OK	1:20:55	+36:29		
	3:40 (3:40)	2:46 (6:26)	5:08 (11:34)	2:51 (14:25)		0:57 (15:22)	3:57 (19:19)
	6:46 (26:05)	7:18 (33:23)	3:54 (37:17)	9:42 (46:59)		5:04 (52:03)	6:40 (58:43)
	11:07 (1:09:50)	3:07 (1:12:57)	2:59 (1:15:56)	1:57 (1:17:53)		1:24 (1:19:17)	1:38 (1:20:55)

Kort H-U60

			(6 / 6)	Tid	Efter		
1.	Kristian Kærsgaard Hansen		OK Sorø	42:10			
	1:52 (1:52)	1:58 (3:50)	3:40 (7:30)	1:56 (9:26)		0:23 (9:49)	3:30 (13:19)
	4:51 (18:10)	1:40 (19:50)	2:21 (22:11)	3:01 (25:12)		2:44 (27:56)	4:07 (32:03)
	3:34 (35:37)	1:21 (36:58)	1:33 (38:31)	1:20 (39:51)		1:04 (40:55)	1:15 (42:10)
2.	Morten Jensen		OK Roskilde	42:42	+0:32		
	1:50 (1:50)	2:00 (3:50)	3:43 (7:33)	1:53 (9:26)		0:21 (9:47)	2:50 (12:37)
	4:49 (17:26)	1:47 (19:13)	2:08 (21:21)	2:30 (23:51)		2:42 (26:33)	3:56 (30:29)
	5:16 (35:45)	1:26 (37:11)	1:46 (38:57)	1:28 (40:25)		0:56 (41:21)	1:21 (42:42)
3.	Stig Møller		OK Sorø	42:44	+0:34		
	1:55 (1:55)	1:41 (3:36)	3:19 (6:55)	1:35 (8:30)		0:28 (8:58)	2:31 (11:29)
	3:33 (15:02)	2:10 (17:12)	1:59 (19:11)	2:33 (21:44)		4:15 (25:59)	4:23 (30:22)
	5:34 (35:56)	1:49 (37:45)	1:55 (39:40)	1:08 (40:48)		0:51 (41:39)	1:05 (42:44)
4.	Henning Jeppesen		Køge OK	58:58	+16:48		
	2:42 (2:42)	3:07 (5:49)	3:48 (9:37)	1:48 (11:25)		0:29 (11:54)	2:52 (14:46)
	5:48 (20:34)	6:05 (26:39)	7:13 (33:52)	2:36 (36:28)		3:19 (39:47)	6:24 (46:11)
	2:57 (49:08)	1:49 (50:57)	2:59 (53:56)	1:58 (55:54)		1:38 (57:32)	1:26 (58:58)

5.	Klaus Koziara		Køge OK	1:00:31	+18:21		
	2:39 (2:39)	2:33 (5:12)	8:18 (13:30)	2:08 (15:38)		0:30 (16:08)	3:57 (20:05)
	8:21 (28:26)	3:04 (31:30)	2:36 (34:06)	2:47 (36:53)		3:19 (40:12)	4:46 (44:58)
	3:54 (48:52)	5:29 (54:21)	1:59 (56:20)	1:41 (58:01)		1:08 (59:09)	1:22 (1:00:31)
6.	Tobias Høhne		OK Sorø	1:10:32	+28:22		
	2:31 (2:31)	2:10 (4:41)	5:27 (10:08)	2:22 (12:30)		0:42 (13:12)	3:27 (16:39)
	7:02 (23:41)	1:43 (25:24)	3:33 (28:57)	3:21 (32:18)		5:14 (37:32)	5:05 (42:37)
	9:46 (52:23)	7:35 (59:58)	2:43 (1:02:41)	2:30 (1:05:11)		1:41 (1:06:52)	3:40 (1:10:32)

Kort D-O60		(1 / 1)		Tid	Efter		
1.	Merete Ravnshøj Andersen		Herlufsholm OK	57:34			
	2:33 (2:33)	3:55 (6:28)	4:26 (10:54)	2:04 (12:58)		0:31 (13:29)	3:35 (17:04)
	6:00 (23:04)	2:26 (25:30)	2:42 (28:12)	3:50 (32:02)		5:22 (37:24)	5:03 (42:27)
	3:56 (46:23)	2:25 (48:48)	4:36 (53:24)	1:34 (54:58)		1:06 (56:04)	1:30 (57:34)

Kort H-O60		(12 / 12)		Tid	Efter		
1.	Knud Madsen		OK Sorø	37:55			
	1:49 (1:49)	1:54 (3:43)	3:57 (7:40)	1:44 (9:24)		0:23 (9:47)	2:30 (12:17)
	4:26 (16:43)	1:24 (18:07)	2:01 (20:08)	2:30 (22:38)		2:28 (25:06)	3:53 (28:59)
	2:48 (31:47)	1:14 (33:01)	1:23 (34:24)	1:21 (35:45)		0:54 (36:39)	1:16 (37:55)
2.	Aksel Andersen		OK Roskilde	39:34	+1:39		
	2:21 (2:21)	1:49 (4:10)	3:43 (7:53)	1:52 (9:45)		0:19 (10:04)	2:45 (12:49)
	4:58 (17:47)	1:32 (19:19)	2:02 (21:21)	2:35 (23:56)		2:27 (26:23)	4:02 (30:25)
	2:59 (33:24)	1:18 (34:42)	1:16 (35:58)	1:24 (37:22)		0:59 (38:21)	1:13 (39:34)
3.	Finn Petersen		OK Roskilde	43:01	+5:06		
	1:54 (1:54)	1:56 (3:50)	3:43 (7:33)	1:50 (9:23)		0:24 (9:47)	3:00 (12:47)
	5:33 (18:20)	1:24 (19:44)	2:15 (21:59)	2:59 (24:58)		3:23 (28:21)	4:29 (32:50)
	3:48 (36:38)	1:29 (38:07)	1:10 (39:17)	1:26 (40:43)		1:04 (41:47)	1:14 (43:01)
4.	Helmut Hansen		Herlufsholm OK	47:37	+9:42		
	2:05 (2:05)	2:05 (4:10)	4:01 (8:11)	1:50 (10:01)		0:29 (10:30)	3:16 (13:46)
	6:11 (19:57)	1:41 (21:38)	2:40 (24:18)	3:01 (27:19)		2:47 (30:06)	4:31 (34:37)
	4:43 (39:20)	2:04 (41:24)	1:38 (43:02)	1:55 (44:57)		1:03 (46:00)	1:37 (47:37)
5.	Ole Frederiksen		OK Roskilde	53:10	+15:15		
	2:40 (2:40)	2:11 (4:51)	4:26 (9:17)	2:02 (11:19)		0:36 (11:55)	3:21 (15:16)
	8:57 (24:13)	1:47 (26:00)	2:31 (28:31)	3:00 (31:31)		4:25 (35:56)	5:22 (41:18)
	3:04 (44:22)	1:59 (46:21)	2:12 (48:33)	2:01 (50:34)		1:04 (51:38)	1:32 (53:10)
6.	Jørgen Jørgensen		OK Sorø	55:30	+17:35		
	2:13 (2:13)	2:43 (4:56)	5:03 (9:59)	2:26 (12:25)		0:36 (13:01)	3:38 (16:39)
	6:44 (23:23)	2:11 (25:34)	3:09 (28:43)	3:16 (31:59)		3:24 (35:23)	5:51 (41:14)
	5:38 (46:52)	1:38 (48:30)	2:01 (50:31)	1:57 (52:28)		1:20 (53:48)	1:42 (55:30)
7.	Anders Bang		Køge OK	1:04:34	+26:39		
	2:59 (2:59)	2:57 (5:56)	5:35 (11:31)	2:37 (14:08)		0:37 (14:45)	4:36 (19:21)
	6:31 (25:52)	4:10 (30:02)	3:28 (33:30)	4:20 (37:50)		5:04 (42:54)	6:39 (49:33)
	5:13 (54:46)	2:26 (57:12)	2:43 (59:55)	1:47 (1:01:42)		1:22 (1:03:04)	1:30 (1:04:34)
8.	Steen Jeppesen		Holbæk OK	1:11:42	+33:47		
	3:01 (3:01)	2:28 (5:29)	5:07 (10:36)	2:18 (12:54)		0:42 (13:36)	4:39 (18:15)
	16:51 (35:06)	4:07 (39:13)	4:52 (44:05)	3:27 (47:32)		4:42 (52:14)	6:30 (58:44)
	3:52 (1:02:36)	1:59 (1:04:35)	2:06 (1:06:41)	2:09 (1:08:50)		1:08 (1:09:58)	1:44 (1:11:42)
9.	Erik Løvgren Jensen		Køge OK	1:14:31	+36:36		
	3:36 (3:36)	2:16 (5:52)	4:43 (10:35)	2:16 (12:51)		2:43 (15:34)	3:10 (18:44)
	7:51 (26:35)	8:47 (35:22)	3:02 (38:24)	3:19 (41:43)		4:15 (45:58)	16:29 (1:02:27)
	3:40 (1:06:07)	1:28 (1:07:35)	1:32 (1:09:07)	1:42 (1:10:49)		1:37 (1:12:26)	2:05 (1:14:31)
10.	Jan Bigler		Herlufsholm OK	1:17:18	+39:23		
	4:15 (4:15)	3:53 (8:08)	5:46 (13:54)	2:40 (16:34)		0:39 (17:13)	4:12 (21:25)
	18:50 (40:15)	2:26 (42:41)	3:23 (46:04)	3:41 (49:45)		4:49 (54:34)	5:47 (1:00:21)
	6:04 (1:06:25)	2:53 (1:09:18)	2:03 (1:11:21)	2:04 (1:13:25)		1:26 (1:14:51)	2:27 (1:17:18)
	Børge Jensen		Herlufsholm OK	Fejlklip			
	3:24 (3:24)	4:07 (7:31)	5:15 (12:46)	2:13 (14:59)		0:31 (15:30)	3:32 (19:02)
	6:13 (25:15)	1:49 (27:04)	2:55 (29:59)	3:22 (33:21)		3:17 (36:38)	6:04 (42:42)
	3:52 (46:34)	2:20 (48:54)	6:08 (55:02)	- (-)		- (58:16)	2:47 (1:01:03)
	John Pedersen		OK Sorø	Fejlklip			
	2:07 (2:07)	2:17 (4:24)	4:27 (8:51)	2:14 (11:05)		0:32 (11:37)	3:40 (15:17)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (30:11)		1:46 (31:57)	1:40 (33:37)

Mellem D		(3 / 3)		Tid	Efter		
1.	Nina Okkels		OK Sorø	1:11:48			
	2:35 (2:35)	4:58 (7:33)	2:39 (10:12)	1:21 (11:33)		2:19 (13:52)	2:41 (16:33)
	5:48 (22:21)	7:08 (29:29)	1:27 (30:56)	5:30 (36:26)		2:18 (38:44)	2:50 (41:34)
	1:03 (42:37)	1:00 (43:37)	1:11 (44:48)	1:39 (46:27)		3:46 (50:13)	3:44 (53:57)
	5:24 (59:21)	2:38 (1:01:59)	1:48 (1:03:47)	1:28 (1:05:15)		4:25 (1:09:40)	2:08 (1:11:48)
2.	Tine Demandt		OK Sorø	1:16:13	+4:25		
	5:13 (5:13)	10:48 (16:01)	2:23 (18:24)	1:26 (19:50)		2:30 (22:20)	2:43 (25:03)
	3:09 (28:12)	7:14 (35:26)	1:29 (36:55)	2:44 (39:39)		1:38 (41:17)	1:30 (42:47)
	1:02 (43:49)	0:52 (44:41)	1:10 (45:51)	1:30 (47:21)		3:55 (51:16)	4:26 (55:42)
	6:54 (1:02:36)	2:45 (1:05:21)	1:32 (1:06:53)	1:44 (1:08:37)		4:44 (1:13:21)	2:52 (1:16:13)
3.	Sanne Kolenda		Holbæk OK	1:31:26	+19:38		
	2:48 (2:48)	11:49 (14:37)	3:19 (17:56)	1:47 (19:43)		2:47 (22:30)	3:13 (25:43)
	5:20 (31:03)	8:24 (39:27)	2:27 (41:54)	4:25 (46:19)		2:01 (48:20)	2:07 (50:27)
	1:14 (51:41)	1:11 (52:52)	1:14 (54:06)	1:54 (56:00)		7:19 (1:03:19)	5:02 (1:08:21)
	6:55 (1:15:16)	3:55 (1:19:11)	1:47 (1:20:58)	2:41 (1:23:39)		4:46 (1:28:25)	3:01 (1:31:26)

Mellem H		(15 / 15)		Tid	Efter		
1.	Jakob Søndergaard		OK Roskilde	50:13			
	1:55 (1:55)	3:05 (5:00)	1:24 (6:24)	1:04 (7:28)		1:51 (9:19)	2:25 (11:44)
	3:01 (14:45)	5:20 (20:05)	1:07 (21:12)	2:22 (23:34)		1:20 (24:54)	1:13 (26:07)
	0:52 (26:59)	0:46 (27:45)	1:40 (29:25)	1:42 (31:07)		2:44 (33:51)	3:17 (37:08)
	4:05 (41:13)	1:53 (43:06)	0:53 (43:59)	1:20 (45:19)		3:08 (48:27)	1:46 (50:13)
2.	Kasper Levring		OK Sorø	50:38	+0:25		
	1:49 (1:49)	2:56 (4:45)	1:29 (6:14)	1:02 (7:16)		1:47 (9:03)	2:02 (11:05)
	2:08 (13:13)	5:07 (18:20)	1:06 (19:26)	2:23 (21:49)		1:26 (23:15)	1:20 (24:35)
	0:43 (25:18)	0:44 (26:02)	0:57 (26:59)	1:16 (28:15)		2:58 (31:13)	3:19 (34:32)
	4:37 (39:09)	2:01 (41:10)	1:01 (42:11)	3:15 (45:26)		2:54 (48:20)	2:18 (50:38)
3.	Arne Kristensen		Herlufsholm OK	53:04	+2:51		
	2:28 (2:28)	3:02 (5:30)	1:39 (7:09)	1:11 (8:20)		1:59 (10:19)	2:11 (12:30)
	2:26 (14:56)	5:48 (20:44)	1:32 (22:16)	2:43 (24:59)		1:31 (26:30)	1:26 (27:56)
	0:55 (28:51)	0:54 (29:45)	1:00 (30:45)	1:21 (32:06)		2:56 (35:02)	3:33 (38:35)
	4:27 (43:02)	2:05 (45:07)	0:52 (45:59)	1:09 (47:08)		3:48 (50:56)	2:08 (53:04)

4.	Bo Pedersen		Køge OK	53:28	+3:15		
	2:12 (2:12)	3:26 (5:38)	2:47 (8:25)	1:16 (9:41)	1:53 (11:34)	2:15 (13:49)	
	3:17 (17:06)	5:47 (22:53)	1:20 (24:13)	2:19 (26:32)	1:23 (27:55)	1:12 (29:07)	
	0:49 (29:56)	0:43 (30:39)	0:48 (31:27)	1:14 (32:41)	3:03 (35:44)	3:19 (39:03)	
	4:12 (43:15)	2:11 (45:26)	1:14 (46:40)	1:04 (47:44)	4:06 (51:50)	1:38 (53:28)	
5.	Jonatan Høhne		OK Sorø	55:03	+4:50		
	1:57 (1:57)	2:50 (4:47)	1:30 (6:17)	1:05 (7:22)	1:54 (9:16)	2:05 (11:21)	
	4:22 (15:43)	6:54 (22:37)	1:14 (23:51)	2:19 (26:10)	1:34 (27:44)	1:24 (29:08)	
	0:54 (30:02)	0:50 (30:52)	0:56 (31:48)	1:29 (33:17)	3:07 (36:24)	3:30 (39:54)	
	4:17 (44:11)	2:24 (46:35)	1:11 (47:46)	1:12 (48:58)	4:17 (53:15)	1:48 (55:03)	
6.	Peter Lauritzen		Holbæk OK	58:25	+8:12		
	1:55 (1:55)	3:15 (5:10)	1:54 (7:04)	1:21 (8:25)	2:10 (10:35)	2:32 (13:07)	
	3:30 (16:37)	5:46 (22:23)	1:35 (23:58)	3:21 (27:19)	1:36 (28:55)	1:43 (30:38)	
	0:56 (31:34)	1:01 (32:35)	1:00 (33:35)	1:36 (35:11)	3:33 (38:44)	3:59 (42:43)	
	5:15 (47:58)	2:22 (50:20)	1:06 (51:26)	1:20 (52:46)	3:38 (56:24)	2:01 (58:25)	
7.	John Knudsen		O-63	1:01:50	+11:37		
	1:45 (1:45)	4:11 (5:56)	2:42 (8:38)	1:17 (9:55)	2:19 (12:14)	2:25 (14:39)	
	9:21 (24:00)	5:42 (29:42)	1:28 (31:10)	2:32 (33:42)	1:27 (35:09)	1:14 (36:23)	
	0:57 (37:20)	0:55 (38:15)	1:00 (39:15)	1:21 (40:36)	3:02 (43:38)	3:21 (46:59)	
	4:50 (51:49)	2:25 (54:14)	1:09 (55:23)	1:10 (56:33)	3:17 (59:50)	2:00 (1:01:50)	
8.	Carsten Mogensen		Køge OK	1:04:42	+14:29		
	2:08 (2:08)	3:18 (5:26)	1:44 (7:10)	1:21 (8:31)	2:00 (10:31)	3:14 (13:45)	
	3:30 (17:15)	10:11 (27:26)	1:17 (28:43)	2:35 (31:18)	1:41 (32:59)	1:38 (34:37)	
	0:52 (35:29)	1:02 (36:31)	0:56 (37:27)	1:23 (38:50)	6:17 (45:07)	4:07 (49:14)	
	4:41 (53:55)	2:27 (56:22)	1:09 (57:31)	1:25 (58:56)	3:45 (1:02:41)	2:01 (1:04:42)	
9.	Mogens Kristensen		OK Roskilde	1:06:48	+16:35		
	3:07 (3:07)	4:05 (7:12)	1:53 (9:05)	1:14 (10:19)	2:25 (12:44)	2:56 (15:40)	
	6:15 (21:55)	7:24 (29:19)	1:31 (30:50)	2:42 (33:32)	1:36 (35:08)	1:35 (36:43)	
	0:55 (37:38)	0:52 (38:30)	1:03 (39:33)	1:29 (41:02)	3:40 (44:42)	4:05 (48:47)	
	6:27 (55:14)	2:43 (57:57)	1:16 (59:13)	1:25 (1:00:38)	3:59 (1:04:37)	2:11 (1:06:48)	
10.	Steven Lambert		O-63	1:07:21	+17:08		
	2:00 (2:00)	4:02 (6:02)	2:07 (8:09)	4:24 (12:33)	2:18 (14:51)	3:05 (17:56)	
	3:14 (21:10)	7:42 (28:28)	1:31 (29:59)	2:53 (32:52)	1:58 (34:50)	1:39 (36:29)	
	0:57 (37:26)	0:53 (38:19)	0:54 (39:13)	1:47 (41:00)	3:51 (44:51)	4:02 (48:53)	
	5:47 (54:40)	2:33 (57:13)	1:16 (58:29)	1:36 (1:00:05)	4:59 (1:05:04)	2:17 (1:07:21)	
11.	Bent Jensen		Holbæk OK	1:15:37	+25:24		
	3:12 (3:12)	3:37 (6:49)	2:20 (9:09)	1:55 (11:04)	2:50 (13:54)	3:06 (17:00)	
	5:42 (22:42)	9:16 (31:58)	2:33 (34:31)	3:14 (37:45)	1:52 (39:37)	1:46 (41:23)	
	1:11 (42:34)	1:38 (44:12)	1:28 (45:40)	1:59 (47:39)	4:21 (52:00)	4:21 (56:21)	
	5:49 (1:02:10)	3:37 (1:05:47)	1:32 (1:07:19)	1:38 (1:08:57)	4:13 (1:13:10)	2:27 (1:15:37)	
12.	Jesper Munch Jespersen		OK Sorø	1:18:44	+28:31		
	2:31 (2:31)	12:22 (14:53)	1:44 (16:37)	1:21 (17:58)	2:04 (20:02)	6:28 (26:30)	
	2:46 (29:16)	8:25 (37:41)	4:06 (41:47)	2:44 (44:31)	1:36 (46:07)	1:24 (47:31)	
	0:47 (48:18)	0:43 (49:01)	1:38 (50:39)	1:23 (52:02)	3:19 (55:21)	3:48 (59:09)	
	4:50 (1:03:59)	2:43 (1:06:42)	4:36 (1:11:18)	1:21 (1:12:39)	3:49 (1:16:28)	2:16 (1:18:44)	
13.	Torben Kristensen		Herlufsholm OK	1:18:47	+28:34		
	3:35 (3:35)	4:54 (8:29)	3:03 (11:32)	1:43 (13:15)	2:59 (16:14)	3:46 (20:00)	
	4:13 (24:13)	7:42 (31:55)	1:57 (33:52)	3:44 (37:36)	2:05 (39:41)	2:23 (42:04)	
	1:13 (43:17)	1:11 (44:28)	1:34 (46:02)	2:01 (48:03)	4:43 (52:46)	4:49 (57:35)	
	6:24 (1:03:59)	3:08 (1:07:07)	1:27 (1:08:34)	1:37 (1:10:11)	5:12 (1:15:23)	3:24 (1:18:47)	
14.	Johan Søderlund		O-63	1:25:37	+35:24		
	2:17 (2:17)	22:40 (24:57)	2:17 (27:14)	1:52 (29:06)	2:52 (31:58)	2:27 (34:25)	
	3:08 (37:33)	6:12 (43:45)	2:16 (46:01)	3:52 (49:53)	1:57 (51:50)	2:07 (53:57)	
	0:58 (54:55)	1:01 (55:56)	1:06 (57:02)	1:44 (58:46)	4:25 (1:03:11)	4:17 (1:07:28)	
	5:37 (1:13:05)	3:01 (1:16:06)	1:16 (1:17:22)	1:59 (1:19:21)	4:06 (1:23:27)	2:10 (1:25:37)	
	Frans Andersen		Hg	Fejlklip			
	2:17 (2:17)	3:40 (5:57)	1:35 (7:32)	1:10 (8:42)	2:06 (10:48)	3:06 (13:54)	
	4:32 (18:26)	6:09 (24:35)	2:07 (26:42)	2:44 (29:26)	1:40 (31:06)	1:30 (32:36)	
	0:54 (33:30)	0:58 (34:28)	2:04 (36:32)	-	-(42:34)	3:56 (46:30)	
	5:34 (52:04)	2:27 (54:31)	1:08 (55:39)	1:28 (57:07)	-	-(1:02:31)	

Lang D		(1 / 1)	Tid	Efter
1.	Hanne Fogh	FSK Orientering	1:12:48	
	1:55 (1:55)	4:25 (10:01)	4:36 (14:37)	0:45 (15:22)
	2:57 (19:13)	1:40 (20:53)	3:30 (26:28)	4:47 (31:15)
	2:09 (37:38)	1:20 (38:58)	2:40 (41:50)	2:38 (46:28)
	1:49 (51:34)	3:33 (55:07)	6:14 (1:02:56)	0:55 (1:03:51)
	2:55 (1:08:09)	2:25 (1:10:34)	0:38 (1:11:12)	0:51 (1:12:48)

Lang H		(5 / 5)	Tid	Efter
1.	Simon Holt	Køge OK	57:08	
	1:43 (1:43)	1:58 (3:41)	3:19 (10:50)	0:36 (11:26)
	2:08 (14:42)	1:14 (15:56)	2:27 (19:32)	3:34 (23:06)
	1:03 (26:48)	1:04 (27:52)	1:37 (29:29)	2:40 (34:01)
	1:06 (37:38)	3:22 (41:00)	0:55 (41:55)	0:53 (47:36)
	4:25 (52:58)	1:46 (54:44)	0:42 (55:26)	0:37 (57:08)
2.	Janus Høhne	OK Sorø	58:25	+1:17
	1:56 (1:56)	2:16 (4:12)	3:35 (11:24)	0:34 (11:58)
	2:01 (14:39)	1:14 (15:53)	1:14 (17:07)	3:46 (23:12)
	1:06 (27:35)	1:14 (28:49)	1:38 (30:27)	2:19 (35:33)
	1:40 (39:34)	2:46 (42:20)	1:37 (43:57)	0:49 (49:38)
	2:39 (53:11)	1:50 (55:01)	0:51 (55:52)	0:36 (58:25)
3.	Simon Jespersen	OK Sorø	1:05:18	+8:10
	2:03 (2:03)	5:39 (7:42)	3:44 (11:26)	0:43 (16:00)
	2:15 (19:05)	1:20 (20:25)	1:19 (21:44)	3:52 (28:10)
	1:07 (33:16)	1:27 (34:43)	1:44 (36:27)	2:23 (41:10)
	1:41 (45:33)	3:09 (48:42)	1:26 (50:08)	0:57 (57:23)
	2:36 (1:01:12)	1:52 (1:03:04)	0:34 (1:03:38)	0:41 (1:05:18)
4.	Kim Hansen	Køge OK	1:15:20	+18:12
	2:05 (2:05)	6:16 (8:21)	5:09 (13:30)	4:32 (18:02)
	2:45 (22:42)	1:34 (24:16)	1:27 (25:43)	3:11 (28:54)
	1:11 (39:13)	1:30 (40:43)	1:46 (42:29)	2:28 (44:57)
	1:40 (51:58)	3:19 (55:17)	1:29 (56:46)	7:58 (1:04:44)
	2:45 (1:09:41)	2:08 (1:11:49)	0:50 (1:12:39)	1:51 (1:14:30)
5.	Henrik Mathiesen	Herlufsholm OK	1:51:33	+54:25
	2:36 (2:36)	4:47 (7:23)	4:50 (12:13)	4:41 (16:54)
	3:33 (23:38)	2:09 (25:47)	1:34 (27:21)	4:03 (31:24)
	2:00 (49:23)	4:04 (53:27)	3:00 (56:27)	6:53 (1:03:20)
	2:39 (1:13:04)	5:11 (1:18:15)	3:01 (1:21:16)	7:50 (1:29:06)
	3:05 (1:35:00)	2:31 (1:37:31)	0:47 (1:38:18)	6:29 (1:44:47)